

1 **Sand grains in the stomach of brown shrimp, *Crangon crangon*:**
2 **crunchy garnish, supportive macerator, or simply dirt?**

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15

16 **Abstract**

17 Brown shrimp, *Crangon crangon*, inhabit highly productive sandy and muddy grounds of the
18 southern North Sea. The stomachs of the shrimp contain variable and often high numbers of
19 sediment grains. The function of sediment grains inside the stomach and the purpose of their
20 ingestion are only poorly understood. We tested in laboratory experiments whether sediment
21 and associated organic material complement the natural food of *C. crangon* or if sand grains
22 may be used by the shrimp to support trituration and maceration of ingested food. The shrimp
23 showed no notable preference for sediment with natural organic content over sediment with
24 reduced organic content, limited ingestion of sediment upon starvation, and no additional
25 uptake of sand grains after feeding. Instead, *C. crangon* took up sediment only while feeding
26 on regular food, suggesting that sand grains are not ingested intentionally but rather incidentally
27 as a side effect of hasty gobbling. This conclusion is supported by the highly variable uptake of
28 sand grains among individuals. Under experimental conditions, sand grains from sediments do
29 not seem to have a crucial function in food processing and digestion in brown shrimp.

30

31 Key words: Crustacea, North Sea, habitat choice, nutrition, egestion, regurgitation.

32 1. INTRODUCTION

33 The brown shrimp *Crangon crangon* (Linnaeus, 1758) is an epibenthic decapod crustacean
34 in the Wadden Sea and in the wider coastal waters of the North Sea (del Norte-Campos &
35 Temming, 1994). *C. crangon* may occur in high numbers of up to 82 individuals per m²,
36 including juveniles (Boddeke et al., 1986), but population densities show pronounced inter-
37 annual variations (Hünerlage et al., 2019). Ecophysiological adaptations allow *C. crangon* to
38 cope with the variable environmental conditions of the North Sea, including strong fluctuations
39 in temperature, salinity, and food availability (Campos & van der Veer, 2008; Saborowski et
40 al., 2012; Reiser et al. 2014a,b; Martínez-Alarcón et al., 2019).

41 *C. crangon* serves as prey for numerous consumers, including fish and larger crustaceans
42 (Redant, 1984; Henderson et al., 1992; del Norte-Campos & Temming, 1998). Additionally,
43 brown shrimp is commercially important, sustaining fisheries in the southern North Sea with a
44 fleet size of 500 vessels (Hünerlage et al., 2019). In 2014, catches of 40,000 tons, worth more
45 than 120 million € were landed in the North Sea, with a German share of 16,000 tons worth 44
46 million € (STECF, 2016).

47 As an omnivorous and opportunistic feeder (Wilcox & Jeffries, 1974; Pihl & Rosenberg,
48 1984; Gibson et al., 1995), *C. crangon* uses a wide spectrum of food organisms. They feed on
49 demersal organisms, such as mysids and juvenile fish (Rauschenplat, 1901; Plagmann, 1939;
50 van der Veer & Bergman, 1987), on epifaunal organisms, such as amphipods and isopods
51 (Ehrenbaum, 1890; Möller & Rosenberg, 1982; Pihl & Rosenberg, 1984), as well as on infaunal
52 species including polychaetes and forams (Havinga, 1930; Öhlund et al., 1975; Pihl &
53 Rosenberg, 1984). Occasionally, algae have been found in the stomachs of *C. crangon*
54 (Ehrenbaum, 1890; Plagmann, 1939).

55 In addition to organic food items, sand grains and mud have regularly been observed in
56 shrimp stomachs (e.g., Ehrenberg, 1890; Plagmann, 1939; Oh et al., 2001). Some studies list
57 sand grains only as a minor food component (Pihl & Rosenberg, 1984) whereas others designate
58 sand and mud as a major constituent of the stomach content of wild shrimp (Plagmann, 1939;
59 Wilcox & Jeffries, 1974; Devriese et al., 2015). Korez et al. (2020) found between 51 and more
60 than 3,000 sand grains within individual stomachs of shrimp from the SE North Sea. Whether
61 sand constitutes an integral part of the diet or is accidentally ingested by the shrimp as a
62 consequence of the natural foraging behavior (Oh et al., 2001) is unknown. Ingested sediment
63 may contribute nutrients derived from the biofilm of associated bacteria and protozoa (Odum,

64 1971; Wilcox & Jeffries, 1974) or facilitate trituration of the feed (Plagmann, 1939; Tiews,
65 1970).

66 In this study, we inspect ingested material inside the stomach and in excretions of *C. crangon*
67 collected in the SE North Sea. In the laboratory, we conducted a habitat choice experiment to
68 evaluate whether *C. crangon* preferentially occupy sediment with natural organic content or
69 cleaned sediment with reduced organic content. Additionally, we performed feeding assays to
70 test if the shrimp take up sand grains intentionally or accidentally while foraging on regular
71 food. Finally, we tested if *C. crangon* ingest sand grains after the uptake of regular food to
72 facilitate maceration of the stomach content.

73

74 2. MATERIALS AND METHODS

75 2.1 Field sampling and maintenance of shrimp

76 Brown shrimp (*Crangon crangon*) were captured in March and April 2020 in the Weser
77 estuary (53° 42.5'N 8° 17.7'E) by beam trawling (3 m width, 20 mm mesh size in the cod end)
78 in 5 to 11 m depth with the research vessel RV Uthörn. In April, the seawater temperature at
79 the sampling site ranged from 8.1 to 9.8 °C while the salinity varied between 26.0 and 30.6.
80 Hauls lasted for 15 min at a speed of 2 to 3 knots. The shrimp were immediately sorted from
81 the catch and transferred into 40-L flow through aquaria with natural seawater. Additionally,
82 shrimps were immediately isolated from the catch and frozen at -20 °C for the analysis of the
83 stomach content.

84 Sediment was taken at the same location in 5 m depth with a 0.1 m² van Veen grab and
85 transferred into a 10-L bucket for transportation. Shrimp and sediment were shipped to the
86 laboratories of the Alfred Wegener Institute in Bremerhaven. There, the sediment was stored
87 for few days in a cold room at 2 °C until further processing. The shrimp were maintained for
88 about two weeks in flow-through aquaria at a salinity of 34, a constant temperature of 16 °C,
89 and a 12/12 h light/dark cycle. In preparation of the experiments (sections 2.4-2.6), adult
90 individuals were taken randomly from the aquaria and transferred individually into 0.5-L glass
91 jars filled with 400 ml filtered seawater where they were allowed to acclimate for 48 hours to
92 the experimental conditions (temperature: 10 °C, salinity: 32, 12/12 h light/dark). The seawater
93 medium was exchanged after 24 hours.

94

95 2.2 Grain size distribution and total organic content of sediment

Sediment ingestion by brown shrimp

106 About 1 kg of the natural sediment from the Weser estuary was dried for 3 days at 60 °C and
107 weighed (± 0.01 g; Sartorius CPA2202S). An electric vibratory sieve shaker (Fritsch analysette
108 03.502) was used to separate 200 g (dry weight) of the sediment into grain size classes of <
109 2000 μm , < 1000 μm , < 500 μm , < 250 μm , < 125 μm , < 63 μm . After 20 minutes of sieving,
110 each grain size fraction was weighed and its contribution (%) to the total dry weight of the
111 sediment sample was calculated.

112 The total organic content (TOM) of the sediment was determined as the loss of dry mass
113 upon ignition. Sediment was dried for 3 days at 60 °C. Six sub-samples of 30 g dry weight each
114 were combusted for 5 hours at 500 °C in a muffle furnace. The share of organic material (M_{org})
115 was calculated as:

$$116 M_{org}(\%) = 100 \left(\frac{M_{dry} - M_{comb}}{M_{dry}} \right) \quad \text{Equation 1}$$

117

118 with M_{dry} = mass of the oven-dried sediment and M_{comb} = mass of the combusted sediment.

119 Additionally, treated sediment with reduced organic content was prepared for laboratory
120 experiments. About 5 kg of the sediment was washed three times with demineralised water.
121 Subsequently, the TOM was determined for five sub-samples as described above for the
122 untreated sediment.

123 The TOM of the five treated and six untreated natural sediment samples were compared by
124 an unpaired t-test after ln-transformation of the data to achieve equal variances (Levene's test:
125 $F_{1,9} = 0.87$, $p = 0.38$). Scanning electron micrographs of the sediment were taken with a FEI
126 Quanta FEG 200 device. The samples were sputter-coated with gold-palladium.

127

128 **2.3 Analysis of stomach content and excretions**

129 The frozen shrimp were dissected. The stomach was removed and transferred into a 1.5-mL
130 reaction cup. One ml of chlorine solution (DanKlorix, 2.8 g sodium hypochlorite per 100 g
131 liquid) was added to the sample to dissolve the stomach and the organic content. After 2 to 3
132 hours at room temperature and permanent agitation (Eppendorf, ThermoMix), the stomach fully
133 dissolved and the inorganic remains were collected on a cellulose nitrate filter (Sartorius, 1.2
134 μm pore size) using a vacuum filtering device and a water jet pump. The filters were dried on
135

126 air and observed under a stereo microscope (Nikon SMZ25). Scanning electron micrographs of
127 the stomach content were taken.

128 Additionally, the content of the digestive tract was analysed from material excreted by live
129 individuals, which were isolated immediately upon arrival in the institute and transferred
130 individually into 0.5-L glass jars filled with 400 ml filtered seawater. Ingested material was
131 excreted either along with faecal strings through the hindgut or as regurgitate through the
132 oesophagus. Plaques of regurgitated material on the bottom of the glass jar were inspected under
133 a light microscope. Photos were taken together with a scale and the size of specific items was
134 measured from the images using the software package ImageJ 1.51f (version 1.8.0_77).
135 Scanning electron micrographs of the faecal strings and their contents were taken.

136

137 **2.4 Experiment 1: Sediment preference**

138 Habitat choice assays were performed to test whether shrimp preferentially occupy natural
139 or cleaned sediment. The jars were aerated through a PVC-tube and the seawater was exchanged
140 daily. During the two days of acclimation, the animals were not fed to induce in the shrimp a
141 behavioural response to a potential nutritional stimulus. After the starvation phase, each animal
142 was transferred individually into a rectangular 5-L aquarium (15 x 25 x 15 cm) filled with
143 seawater (10 °C, salinity 32). One-half of the bottom of the aquarium was layered with two cm
144 of natural sediment and the other half with two cm of cleaned sediment. The aquaria with the
145 shrimp were kept in darkness because shrimp feed primarily in darkness (Wilcox & Jeffries,
146 1974) and to avoid visual stimuli that may affect the shrimp behaviour. After an acclimation
147 phase of 90 min, the aquaria were visually inspected under dimmed red light to minimize
148 disturbance of the shrimp. The position of the shrimp on natural or cleaned sediment or on the
149 boundary between both sediments was noted every 30 min for 6 h. In total, 12 shrimp were
150 observed. After the experiment, the body length of the shrimp was measured from the tip of the
151 rostrum to the posterior edge of the telson. The shrimp had an average (\pm SD) body length of
152 5.5 ± 0.6 cm and a body mass (wet weight) of 5.1 ± 0.6 g. Sex of the shrimp was determined
153 from the presence or absence of an appendix masculinum at the first and second pleopod
154 (Schatte & Saborowski 2006). All specimens used for the experiments were females.

155 The number of incidences the shrimp were encountered on one of the substratum types
156 (untreated natural sediment, treated sediment) and on the boundary between the sediment types
157 during the 6 h observation period (i.e. 12 measurements per individual) were analysed using a
158 Monte Carlo simulation accounting for the mutual dependency of the choices. The average

159 numbers of incidences for the different substrates were contrasted and the maximum difference
160 between the averages was calculated. Subsequently, the number of choices were randomly
161 shuffled within each replicate and the maximum difference between the averages was
162 determined again. In total, 999 random iteration steps were performed. The probability that a
163 random distribution of substratum choices would result in a higher maximum difference than
164 the observed distribution of choices was estimated as the ratio of maximum differences that
165 were higher than the maximum difference between the real observations. The Monte Carlo
166 simulation was performed using the free software package PopTools (version 3.2).

167 The boundary zone between the two sediment types was substantially smaller than the areas
168 of the aquarium bottom covered by the two sediment types. Accordingly, a lower probability
169 of encountering the boundary zone may have influenced the choice of the shrimp for this
170 substratum type. Therefore, the mutually dependent choices for the cleaned sediment and the
171 untreated natural sediment (excluding the choices for the boundary zone) were additionally
172 compared by a paired t-test after a D'Agostino and Pearson normality test had confirmed the
173 normal distribution of the differences between the paired choices.

174

175 **2.5 Experiment 2: Sediment as food source**

176 To investigate whether the uptake of sediment by the shrimp depends on the organic content
177 of the sediment and/or on the presence of food, twelve acclimated shrimp each were transferred
178 individually into 0.5-L glass jars with 400 ml of filtered seawater and subjected to one of the
179 following five treatments:

180 (1) Control group with no sediment and no food

181 (2) 2-cm bottom layer of untreated natural sediment and no additional food

182 (3) 2-cm bottom layer of cleaned sediment and no additional food

183 (4) 2-cm bottom layer of untreated natural sediment and additional food (300-400 mg of shrimp
184 abdominal muscle)

185 (5) 2-cm bottom layer of cleaned sediment and additional food (300-400 mg of shrimp
186 abdominal muscle)

187 After 16 h of exposure, body length and mass of each individual were measured and the
188 animals were frozen at -80 °C. The average body length of the shrimp ranged from 5.3 ± 0.4
189 cm to 5.5 ± 0.4 cm and did not vary between the treatments (ANOVA: $F_{4,55} = 0.56$; $p = 0.69$).

Sediment ingestion by brown shrimp

190 The average body mass (wet weight) ranged from 1.8 ± 0.4 g to 2.1 ± 0.4 g and did not vary
191 between the treatments (ANOVA: $F_{4,55} = 0.75$; $p = 0.56$).

192 The stomach content was isolated and dried on filters as described above for the stomach
193 content analysis. Photographs of the ingested sediment grains were taken for subsequent
194 counting. Only sediment grains ≥ 75 μm were considered for this study.

195 The average numbers of sand grains inside the stomach were compared between the
196 treatments using a one-factorial Analysis of Variance (ANOVA) although the variances were
197 significantly heterogeneous among groups. However, data transformation was not able to
198 achieve homoscedasticity (Levene's test: $F_{4,55} = 8.78$; $p < 0.01$). Tukey's HSD test was used
199 for multiple comparison after ANOVA.

200

201 **2.6 Experiment 3: Sediment ingestion to facilitate food maceration**

202 To test whether shrimp ingest sediment to facilitate food maceration, twelve acclimated
203 shrimp each were individually transferred into new glass jars with filtered seawater and were
204 exposed to one of the following four treatments:

205 (1) No food. After three hours, the shrimp were transferred into new glass jars with filtered
206 seawater and a 2-cm bottom layer of untreated natural sediment.

207 (2) No food. After three hours, the shrimp were transferred into new glass jars with filtered
208 seawater and a 2-cm bottom layer of clean sediment.

209 (3) 300-400 mg of shrimp abdominal muscle offered as food. After three hours, the shrimp were
210 transferred into new glass jars with filtered seawater and a 2-cm bottom layer of untreated
211 natural sediment.

212 (4) 300-400 mg of shrimp abdominal muscle offered as food. After three hours, the shrimp were
213 transferred into new glass jars with filtered seawater and a 2-cm bottom layer of clean sediment.

214 After another 3 hours, the experiment was terminated. The biometric data were recorded and
215 the shrimp were frozen for subsequent quantification of sand grains inside the stomach as
216 described above. The average body length of the shrimp ranged from 5.5 ± 0.4 cm to 5.7 ± 0.4
217 cm and did not vary between the treatments (ANOVA: $F_{3,45} = 0.61$; $p = 0.19$). The average body
218 mass (wet weight) ranged from 2.2 ± 0.5 g to 2.4 ± 0.5 g and did not vary between the treatments
219 (ANOVA: $F_{3,45} = 0.19$; $p = 0.90$). The average numbers of sand grains inside the stomach was
220 compared between treatments by a one-factorial ANOVA.

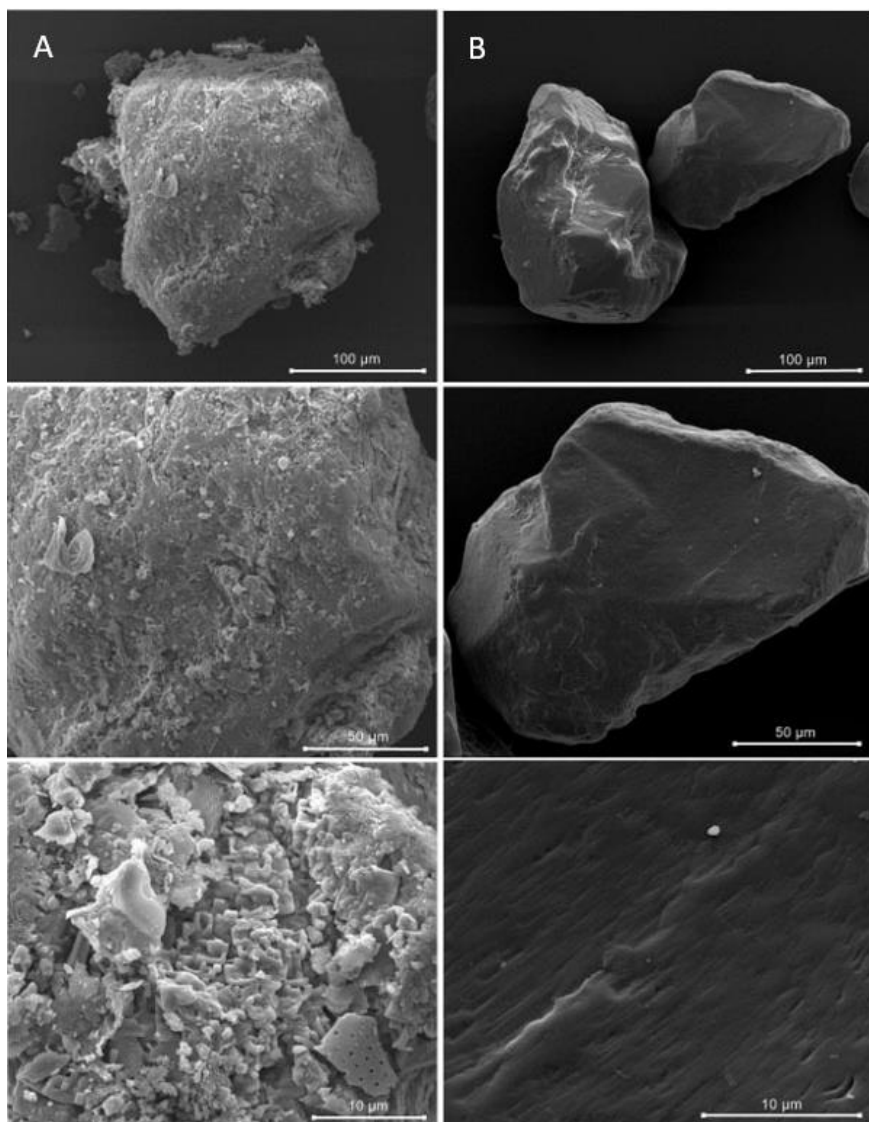
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222 3. RESULTS

223 **3.1 Grain size distribution and organic content of the sediment**

224 The dominant grain size fractions of the sediment from the Weser estuary were the fraction
225 63 to $\leq 125 \mu\text{m}$ and $125 - \leq 250 \mu\text{m}$, which accounted for 58 % and 37 %, respectively, of the
226 total sediment dry mass. The silt and clay fraction (grain size $< 63 \mu\text{m}$) was small and accounted
227 for only 2 % of the total sediment dry mass. According to the classification by Hiscock (1996),
228 the sediment was categorized as fine sand.

229 The surface of the natural sand grains showed an irregular and undefined crusty layer with
230 some fragments of diatom shells embedded (Figure 1, Panel A). The surface of the cleaned
231 sediment was smooth without adherent crust. No remains of inorganic or organic materials
232 adhered to the surface of the cleaned sand grains (Figure 1, Panel B).



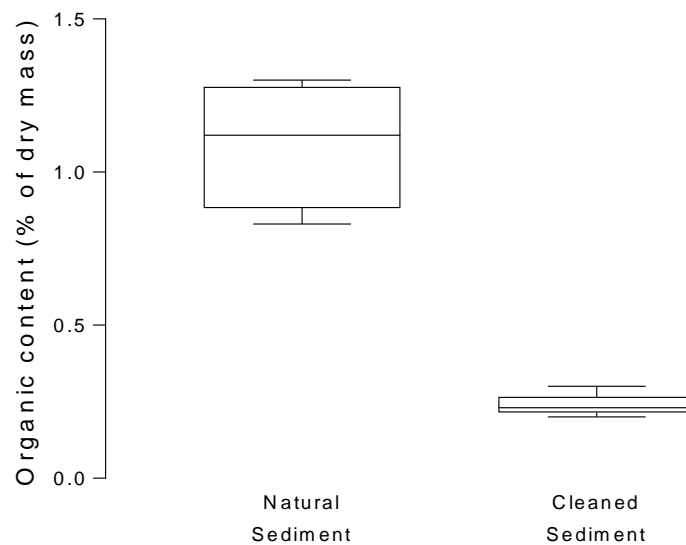
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Sediment ingestion by brown shrimp

234 Figure 1. Scanning electron micrograph of A) untreated natural and B) cleaned sediment. The
235 photographs of each panel show from top to bottom series of increasing magnification of the
236 same object.

237

238 On average (\pm SD), the TOM content of the natural sediment accounted for 1.09 ± 0.17 %
239 of the sediment dry mass (Figure 2). Washing and drying reduced the TOM content of the
240 sediment by the factor 4.5 to 0.24 ± 0.03 % of the sediment dry mass. The TOM content differed
241 significantly between untreated natural and cleaned sediment (unpaired t-Test of ln-transformed
242 data: $t_9 = -14.9$; $p < 0.01$).



243

244 Figure 2. Total organic matter (TOM) content of untreated natural ($n = 6$) and cleaned sediment
245 ($n = 5$). The boxes extend from 25th to 75th percentiles with the median as vertical line;
246 whiskers display minimum and maximum values.

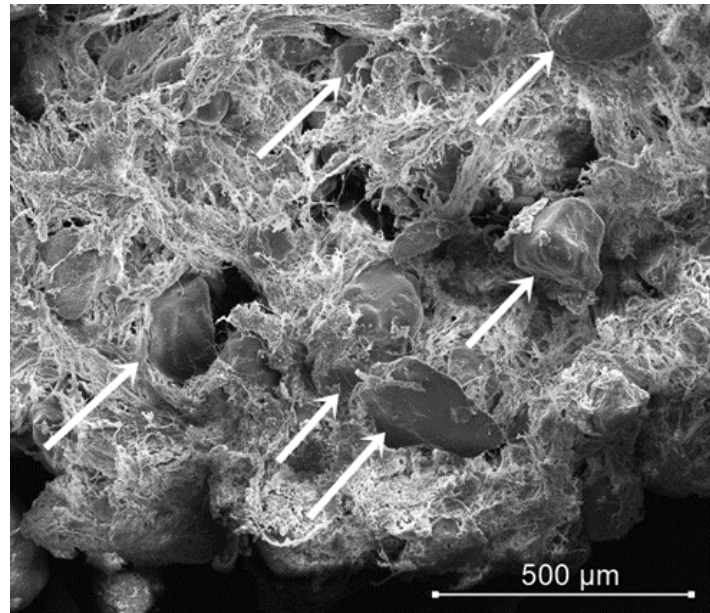
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248 3.2 Stomach content

249 The stomachs contents of *Crangon crangon* contained numerous sand grains embedded in a
250 matrix of undefined mashed material (Figure 3). Similarly, regurgitated stomach content also
251 consisted of sand grains, spines (presumably bristles of polychaetes) and undefined mashed
252 material (Figure 4). Parts of the mashed material showed a fibrous texture while other parts
253 resembled an amorphous layer. The sand grains were of irregular shape. The surface of the sand
254 grains appeared smooth. Their size ranged from about 100 to 300 μm .

255

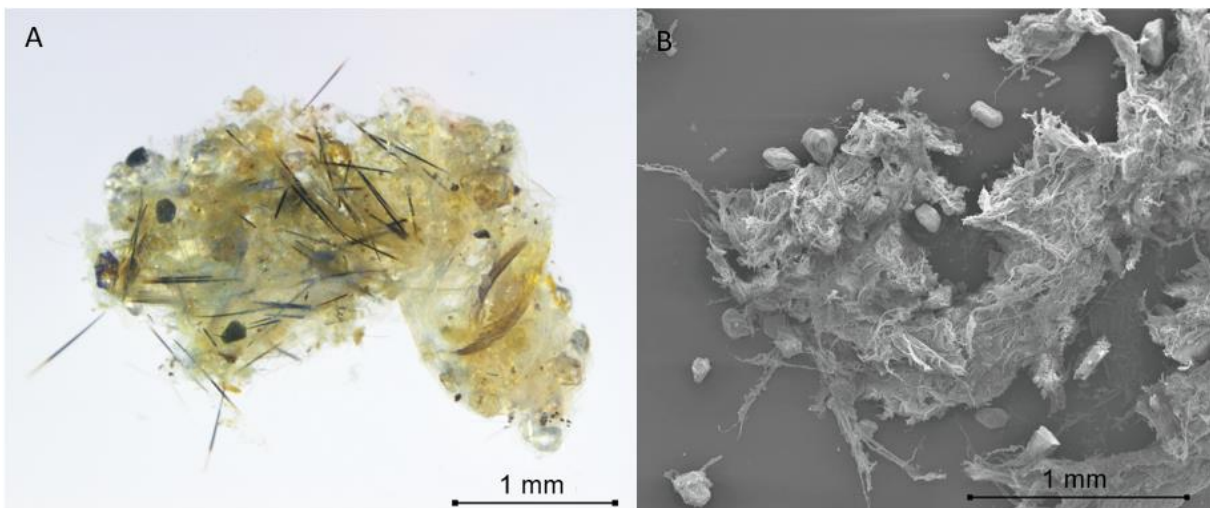
Sediment ingestion by brown shrimp



256

257 Figure 3. Scanning electron micrograph of stomach content of *Crangon crangon* showing sand
258 grains (arrowheads) within a matrix of mashed organic material.

259



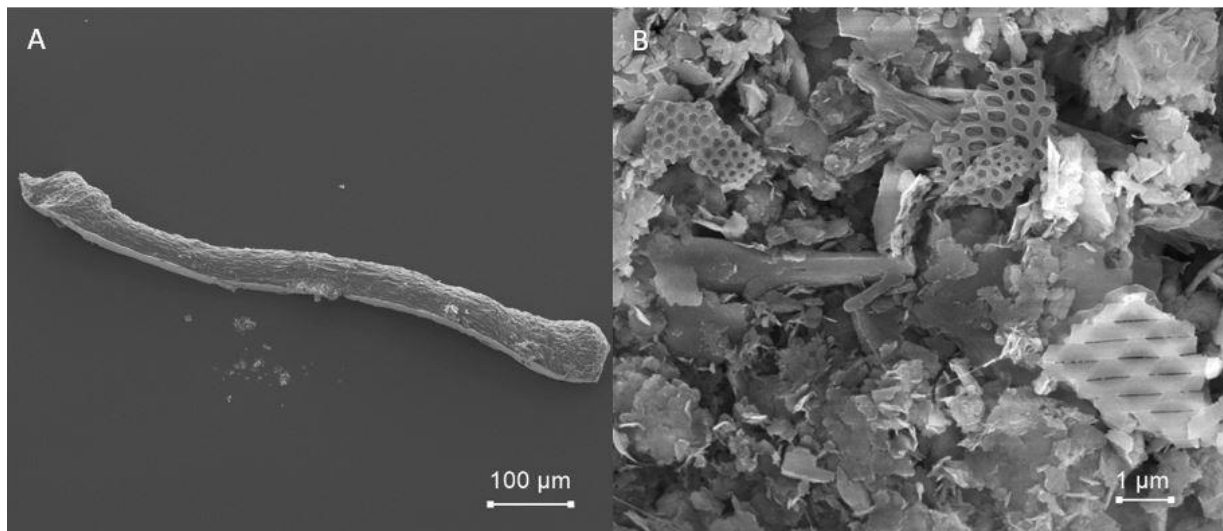
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261 Figure 4. A) Photo and B) scanning electron micrograph of regurgitated stomach content of
262 *Crangon crangon*.

263

264 The faecal strings of *C. crangon* (Figure 5a) had diameter from 39 to 205 μm (mean \pm SD
265 of 24 measurements: $89 \pm 56 \mu\text{m}$). They contained small fragments of diatoms and undefined
266 organic material (Figure 5b).

267



268

269 Figure 5. A) Scanning electron micrographs of a faecal string of *Crangon crangon* and B) the
270 content of a faecal string.

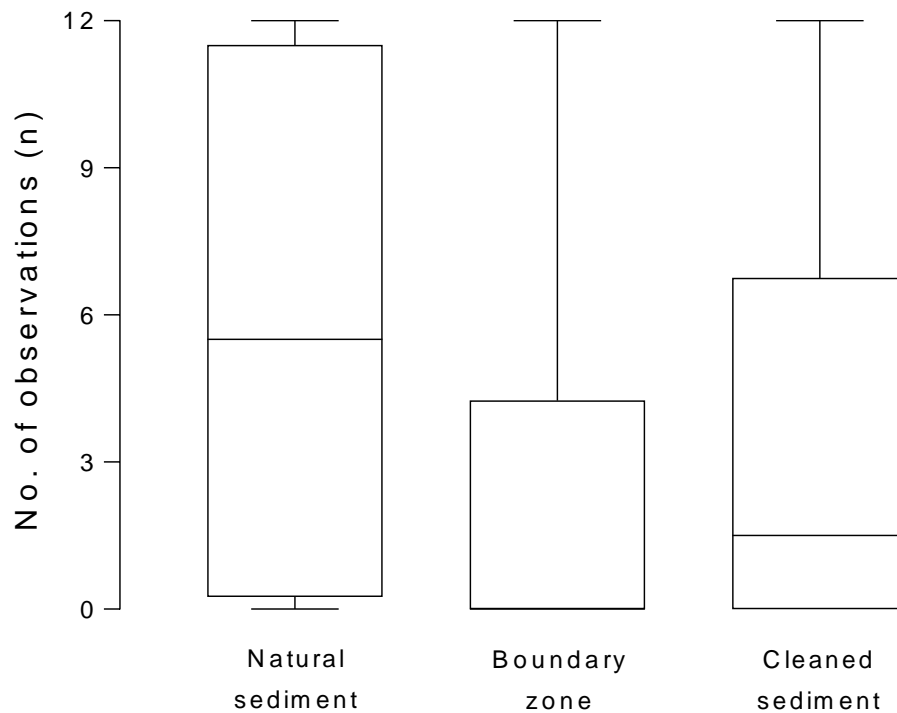
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272 3.3 Experiment 1: Sediment preference

273 Most of the shrimp remained on the sediment, on which they were first observed 90 min
274 after they were placed into the aquaria. Five individuals were observed exclusively on the
275 natural sediment, two shrimp were only on the treated sediment, and one shrimp continuously
276 occupied the boundary between both sediments. Four shrimp switched between the sediment
277 types thereby crossing the boundary between the sediments. During the six hours observation
278 period, the shrimp were on average 6.1 ± 5.0 times on the natural sediment and 3.8 ± 4.4 times
279 on the treated sediment (Figure 6). The shrimp were observed on the boundary between the two
280 sediments only 2.2 ± 3.7 times. The maximum difference in the average number of observations
281 per sediment of 3.9 was exceeded in the Monte Carlo simulation for 210 out of 999 iteration
282 steps. Accordingly, the probability of $p = 0.21$ of observing a difference larger than the observed
283 one from a random distribution of observations suggests that the shrimps did not show a clear
284 substratum preference. Similarly, the comparison of the number of observations between the
285 natural and the treated sediment only did not confirm any preference (paired t-test: $t_{11} = 0.94$;
286 $p = 0.37$).

287

Sediment ingestion by brown shrimp



288

289 Figure 6. Number of observations of *Crangon crangon* on untreated natural sediment, cleaned
290 sediment and on the boundary between the two sediment types during the six hours observation
291 period (n = 12). The boxes extend from 25th to 75th percentiles with the median as vertical line;
292 whiskers display minimum and maximum values.

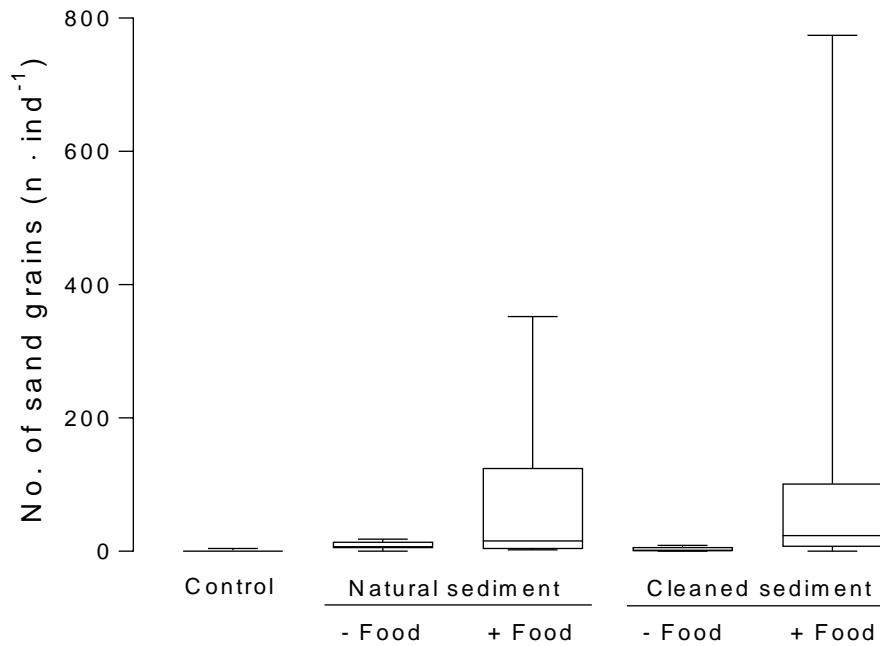
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294 3.4 Experiment 2: Sediment as food source

295 Control shrimp and shrimp that did not receive food contained only few sand grains in their
296 stomachs (Figure 7). On average, the control animals carried 1.0 ± 1.4 sand grains in their
297 stomachs whereas shrimp on natural and cleaned sediment had 8.5 ± 1.7 and 2.8 ± 3.1 sand
298 grains in their stomachs, if they had no access to food. On both sediments, high numbers of
299 sand grains were observed only in shrimp that received food. However, the amount of ingested
300 sand grains varied considerably among individuals. On natural sediment, the shrimp stomachs
301 contained 2 to 352 sand grains (mean: 69.1 ± 105.3) and 0 to 774 sand grains (125.8 ± 238.0)
302 on treated sediment. Despite the high within-group variation the one-factorial ANOVA
303 indicated significant differences between the treatments ($F_{4,55} = 2.68$; $p = 0.04$). However, the
304 extreme heteroscedasticity enhanced the probability of a type 1 error (i.e. erroneously assuming
305 a difference). The Tukey's HSD test did not confirm significant differences in pairwise
306 comparisons.

307

Sediment ingestion by brown shrimp



308

309 Figure 7. Number of sand grains in stomachs of *Crangon crangon* on untreated natural sediment
310 and cleaned sediment with food and without food (n = 12). The boxes extend from 25th to 75th
311 percentiles with the median as vertical line; whiskers display minimum and maximum values.

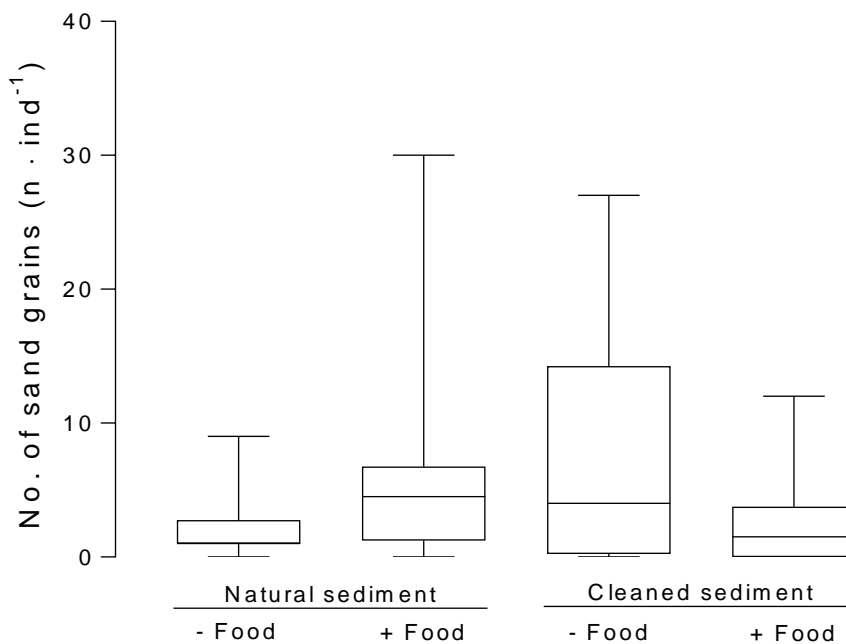
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313 3.5 Experiment 3: Sediment ingestion to facilitate food maceration

314 Shrimp that had access to sand grains after feeding never had high numbers of sand grains
315 in their stomachs (Figure 8). Starved shrimp placed on natural sediment contained a maximum
316 of 9 (mean: 2.1 ± 2.3) sand grains, fed animals a maximum of 30 (mean: 6.3 ± 7.8) sand grains.
317 Shrimp that were placed on clean sediment contained a maximum of 27 (mean: 7.9 ± 8.8) sand
318 grains when starved and a maximum of 12 (mean: 2.7 ± 3.5) sand grains when fed. The
319 differences in the average number of sand grains in the stomachs did not vary between
320 individuals from different treatments (ANOVA: $F_{3,44} = 2.27$; $p = 0.09$).

321

Sediment ingestion by brown shrimp



322

323 Figure 8. Number of sand grains in the stomachs of starved *Crangon crangon* and in stomachs
324 of individuals that were fed prior to exposure to untreated natural or cleaned sediment (n = 12).
325 The boxes extend from 25th to 75th percentiles with the median as vertical line; whiskers
326 display minimum and maximum values.

327

328 4. DISCUSSION

329 Stomach contents of *Crangon crangon* from the Weser estuary in the SE North Sea
330 contained considerable amounts of sediment clearly demonstrating that the shrimp ingest sand
331 grains in their natural environment. Previous studies hypothesized that ingested sediment may
332 provide nutrients (Odum, 1971; Wilcox & Jeffries, 1974) or facilitate trituration of the food
333 (Plagmann, 1939; Tiews, 1970). However, our laboratory experiments did not confirm a crucial
334 role of sand grains in the diet of *C. crangon*. Instead, sediment may be taken up accidentally by
335 the shrimp during regular foraging.

336 *C. crangon* inhabits shallow sandy and muddy grounds (Pinn & Ansell, 1993; Barnes, 1994)
337 in highly productive estuaries with strong tidal water movements (Tiews, 1970). The seafloor
338 of the shallow SE North Sea is characterized by a complex pattern of variable sediments and
339 extensive sandy and muddy intertidal areas of the Wadden Sea (Wang et al., 2012; Bockelmann
340 et al., 2018). Intense pelagic and benthic primary production in the nutrient-rich coastal waters
341 form the base of a considerable organic enrichment of the sediments, especially in the estuaries

342 of major rivers, which contribute organic material from inland primary and secondary
343 production (Eisma & Kalf, 1987).

344 The organic load of the untreated natural sediment was clearly visible in scanning electron
345 micrographs as an adherent crust with fragments of diatoms and other unidentifiable organic
346 material. The organic crust of the sediment was easily removed by repeated washing in
347 freshwater suggesting that the organic material is only loosely bound to the surface of the
348 sediment grains. Similarly, it may be mechanically extracted by constant friction of ingested
349 sand grains induced by the stomach peristalsis of the shrimp. The use of sediment-bound
350 organic material by benthic consumers has been demonstrated for several species, such as the
351 thalassinid shrimp *Callinassa tyrrhena* and amphipods of the genus *Bathyporeia* (Nicolaisen
352 & Kannevorff, 1969; Dworschak, 1987). Microscopic inspection of the stomach content and
353 regurgitates clearly confirmed the uptake of sand grains by *C. crangon* in their natural
354 environment (see also Korez et al. 2020). Similarly, sand grains or mud were regularly observed
355 in stomachs of brown shrimp in previous studies (Ehrenbaum, 1890; Plagmann, 1939; Oh et
356 al., 2001). The surfaces of the sand grains in the stomach were clean and smooth. However, it
357 remains unclear whether the organic crust was removed from the surface as part of a digestive
358 process or simply through mechanical abrasion within the densely packed stomach content.

359 Inside the stomach, the sand grains were embedded in a rich amorphous matrix, probably
360 consisting of regular food material. Accordingly, organic material adhering to the sand grains
361 may constitute only a minor fraction of the total food, at least in times when abundant alternative
362 food is available. Previous observations indicate that *C. crangon* may at least temporarily feed
363 on sediment. Ehrenbaum (1890) described the nutritive state of shrimp in spring as poor and
364 mentioned a higher number of unappetising mud containing shrimp with a musty taste. Hufnagl
365 et al. (2010) reported that the majority of the shrimp population is food limited in winter.
366 Accordingly, shrimp may shift their diet seasonally, and may revert to sediment and detritus
367 feeding during periods of severe food limitation.

368 Food availability can be an important determinant for habitat selection in shrimp. For
369 example, sand shrimp, *Crangon septemspinosa*, prefer sandy sediment over peat substratum. In
370 habitat choice experiments, however, the addition of food to the peat substratum clearly
371 enhanced the preference of the shrimp for the otherwise avoided sediment type (Ouellette et al.
372 2003). *C. crangon* did not distinguish between untreated natural sediment and cleaned sediment
373 with reduced organic content even though the animals had been starving prior to the experiment
374 for 48 hours. Experimental cleaning reduced the total organic content of the sediment by 78 %.

Sediment ingestion by brown shrimp

375 Still, the reduced organic content of 0.24 % is within the range of sediments in suitable habitats
376 and nursery grounds of *C. crangon* in the SE North Sea. For example, organic contents of 0.2-
377 0.8 % in sand were found in sediments around the island of Sylt in the northern part of the
378 German Wadden Sea (Kristensen et al., 1997). Apparently, the organic material in the sediment
379 is not perceived by the shrimp as a valuable food resource, or the difference in the food
380 availability between the untreated natural sediment and the treated sediment was insufficient to
381 induce a clear habitat choice response in *C. crangon*.

382 Indigestible inorganic fractions of the food, such as shells and sand grains, affect the overall
383 nutritional value of ingested material (Pihl & Rosenberg, 1984). Similarly, a limited nutritional
384 quality of the sediment was indicated by the results from our feeding experiment. When no
385 additional food was offered, the shrimp ingested only very few sand grains no matter if the
386 sediment was untreated or cleaned. However, when additional food was offered some shrimp
387 ingested considerable amounts of sediment. Similarly, Plagmann (1939) observed that starved
388 shrimps did not ingest sediment if no additional food could be sensed. Sediment grains are often
389 found in the stomachs of *C. crangon* together with algal material (Pihl & Rosenberg, 1984) and
390 animal prey, such as crustaceans (Wilcox & Jeffries, 1974). Sand grains may adhere to the food
391 items or stick to dissected parts of the food while being processed by the mouthparts.
392 Additionally, prey organisms, such as some polychaetes and crustaceans, may contain
393 substantial amounts of sediment grains in their own digestive organs, which finally appear in
394 the stomach of the brown shrimp. Accordingly, the uptake of sediment together with other food
395 items is a stochastic event explaining why some individuals in our experiments had only few
396 sand grains in their stomachs although additional food was offered. A great variability in the
397 sediment load in the stomachs of *C. crangon* was observed also in previous studies. Some
398 shrimp contained only few grains whereas others had stomachs completely filled with sediment
399 (Plagmann, 1939; Pihl & Rosenberg, 1984; Devriese et al., 2015). Depending on the prey
400 species and the sediment structure, the amount of adhering and incorporated sand grains may
401 vary (Ehrenbaum, 1890; Plagmann, 1939). Similarly, the stickiness of chopped tissue such as
402 the muscle tissue in our experiments and its contact to the sediment during feeding likely alters
403 the sediment load of the ingested food.

404 The irregular but smooth surfaces of the cleaned sand grains suggest that these particles may,
405 upon ingestion, facilitate the grinding of food items inside the stomach of *C. crangon*. Different
406 from many other benthic crustaceans, such as crayfish and crabs, *C. crangon* does not possess
407 an explicit gastric mill. Therefore, it has been suggested, that the uptake of sediment grains

408 facilitates the maceration of ingested food (Plagmann, 1939). However, the efficiency of
409 shredding may be limited at least for certain types of food. For example, nematodes were still
410 alive in the stomach of *C. crangon* for up to 30 min after ingestion and body parts remained
411 intact for 1 to 2 hours after ingestion (Gerlach & Schrage 1969). Similarly, parts of ingested
412 polychaetes were still present in the stomach 6 hours after ingestion (N. Schmidt, pers. obs.),
413 indicating no efficient maceration of the food by ingested sand grains. Similarly, the results of
414 our third experiment do not support the hypothesis that sand grains are ingested by *C. crangon*
415 to promote food maceration because individuals that had been feeding before did not ingest
416 more sand grains than individuals without access to food. Alternatively, the shrimps may
417 selectively take up sand grains to support maceration of poorly digestible food items that require
418 mechanical forcing, such as small bivalves. In our experiment, the shrimp received relatively
419 soft abdominal muscle tissue from conspecifics, which may not require additional mechanical
420 treatment.

421 Indigestible items, including sediment grains and polychaete bristles, were evacuated from
422 the stomach through the esophagus rather than through the hindgut. Regurgitation of the non-
423 digestible sediment grains by *C. crangon* and other shrimp species was also observed in
424 previous studies (Plagmann, 1939; Pihl & Rosenberg, 1984; Saborowski et al., 2019). The
425 oesophagus of caridean shrimps is a dilatable organ. The lumen diameter is controlled by
426 extrinsic muscles, surrounding the esophagus. The wall is slightly folded which facilitates tight
427 closure but also wide distention (Felgenhauer & Abele, 1985). In our laboratory cultures,
428 medium sized *C. crangon* easily ingested polychaetes with a diameter of about 2 mm (N.
429 Schmidt, pers. obs.). The gut, in contrast, has a more delicate structure and appears more
430 vulnerable against mechanical damage. It is suited to pass small and soft food remains towards
431 the hindgut. Moreover, the undigested material is covered by a peritrophic membrane to protect
432 the gut epithelium (Peters, 1968). It leaves the body as a faecal string with a diameter of about
433 90 μm . We found small fragments of diatoms and undefined organic material within the faecal
434 strings. Large, sharp, and spiky items may be retained by the pyloric filter and, therefore, not
435 enter the midgut and the hindgut of the shrimp (Korez et al. 2020). Most of the ingested sand
436 grains were larger than 100 μm (Korez et al. 2020, this study). Apparently, the gut of *C. crangon*
437 is too narrow for the large sand grains of up to 400 μm to pass through. Consequently, the faecal
438 material contained no large items but mostly tiny fragments of e.g. diatom frustules together
439 with undefined organic material.

Sediment ingestion by brown shrimp

440 In summary, the uptake of sediment by *C. crangon* seems to be a common event. However,
441 the organic content of the sediment seems to be of minor nutritional importance in comparison
442 with other food items. Similarly, ingested sand grains may not be particularly important for the
443 maceration of ingested food items. Instead, the shrimp likely take up sand grains accidentally
444 while foraging on a great variety of plant and animal prey. Sediment-bound organic material
445 may seasonally become a dietary supplement for *C. crangon* during periods of severe food
446 limitation.

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Sediment ingestion by brown shrimp

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