

1 **Investigation of organic matter and biomarkers from**  
2 **Diepkloof Rock Shelter, South Africa: insights into Middle**  
3 **Stone Age site usage and palaeoclimate**

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15 **Abstract**

16 Diepkloof Rock Shelter (DRS) represents a site of major interest for  
17 reconstructing early human behaviours during the Middle Stone Age (MSA).  
18 Rock shelters such as DRS also potentially preserve information concerning the  
19 environmental context for such behaviours. In this respect the organic matter  
20 composition of rock shelter sediments has rarely been investigated in detail,

21 particularly at the molecular level. Here, we used pyrolysis-gas  
22 chromatography/mass spectrometry (py-GC/MS) to systematically assess the  
23 organic matter composition of bulk sediments within the MSA and Later Stone  
24 Age (LSA) sequence at DRS. From this we sought to gain insights into site usage,  
25 taphonomy and burning practices. Additionally, we analyzed the chain length  
26 distribution of leaf-wax *n*-alkanes as well as their hydrogen and carbon isotopic  
27 compositions ( $\delta D_{wax}$  and  $\delta^{13}C_{wax}$ ) to investigate their potential as hydroclimate  
28 and vegetation indicators. This constitutes the first leaf-wax isotopic data in a  
29 terrestrial context of this antiquity in South Africa.

30 Py-GC/MS shows a dichotomy between stratigraphic units (SUs) of high organic  
31 matter content, producing a range of pyrolysis products, including homologous  
32 series of long chain *n*-alkene/*n*-alkane doublets and alkyl-nitriles, and SUs of low  
33 organic matter content, dominated by aromatic, heterocyclic N and polycyclic  
34 aromatic hydrocarbon (PAH) pyrolysis products; typical molecular burning  
35 products. Several SUs of the Intermediate Howiesons Poort interval exhibit the  
36 latter composition, consistent with micromorphological evidence.

37  $\delta^{13}C_{wax}$  remains stable throughout the MSA, but leaf-wax *n*-alkane chain length  
38 and  $\delta D_{wax}$  increase during the Late Howiesons Poort interval. Comparison with  
39 such patterns in modern plants in the region suggests this represents a shift  
40 towards the input of more arid-adapted vegetation into the shelter, driven either  
41 by aridification at the site locale or a change in selection practices. Our results  
42 suggest that these techniques have further potential in southern Africa and  
43 globally at sites where organic matter preservation is high.

44 **Key words**

45 Organic matter composition, py-GC/MS,  $\delta^{13}\text{C}_{\text{wax}}$ ,  $\delta\text{D}_{\text{wax}}$ , PAHs, *n*-alkane chain  
46 length distribution, burning

47 **1. Introduction**

48 Diepkloof Rock Shelter (DRS), Western Cape Province, South Africa (**Fig. 1**) hosts  
49 a sequence spanning the pre-Still Bay to Howiesons Poort industries of the  
50 Middle Stone Age (MSA), and is overlain by Later Stone Age deposits (LSA;  
51 Porraz et al., 2013; **Fig. 2a**). The site has yielded a multitude of findings,  
52 including lithic artefacts (Porraz et al., 2013), charcoal remains (Cartwright,  
53 2013; Miller et al., 2013), specific hafting residues (Charrié-Duhaut et al., 2013),  
54 ochre (Dayet et al., 2013) and faunal remains (Steele and Klein, 2013). Perhaps  
55 the most remarkable finding is the earliest evidence for engraved ostrich  
56 eggshell (EOES) during the Early Howiesons Poort interval (Texier et al., 2013),  
57 thought to represent a significant cultural and social development (Texier et al.,  
58 2010). Developing an environmental context for such cultural/social  
59 developments, both at DRS and beyond (e.g. Henshilwood et al., 2002) has,  
60 however, proved challenging in this locale and on the wider southern Cape  
61 (Chase, 2010), fundamentally reflecting the lack of contemporaneous terrestrial  
62 environmental archives (Carr et al., 2016b).

63 Faunal remains and stone tool assemblages from MSA sites often provide  
64 valuable archaeological and environmental insights. However, it has been noted  
65 that there is often relatively limited consideration of the organic material within  
66 many MSA deposits (Wadley, 2015). In cases where organic material has been  
67 directly analysed, striking insights have been provided, including identification

68 of bedding structures (Goldberg et al., 2009; Wadley, 2011) and specific  
69 geochemical evidence for the use of chemical adhesives (Charrié-Duhaut et al.,  
70 2013). Here we consider the molecular character of sedimentary organic matter  
71 in an archaeological context both to support archaeological inference and to gain  
72 insights into environmental change. We specifically aim to investigate questions  
73 surrounding the degree of burning, the types of vegetation brought into the site  
74 and evidence for past hydroclimatic change. We characterize the organic  
75 composition of the sediments and assess the degree to which each stratigraphic  
76 unit was burnt using pyrolysis-gas chromatography/mass spectrometry (py-  
77 GC/MS), while vegetation type and hydroclimate are considered via the  
78 distribution and isotopic composition of leaf-wax *n*-alkanes.

## 79 **2. Diepkloof Rock Shelter background and setting**

### 80 **2.1 Setting and stratigraphy**

81 DRS is located at ~120m altitude above the Verlorenvlei wetland about 14km  
82 from the modern coastline. The rock shelter formed within a quartzitic sandstone  
83 butte, and has a floor area of 200m<sup>2</sup>. Based on stone tool assemblages, the  
84 sedimentary sequence within the shelter has been ascribed to different techno-  
85 cultural phases of the MSA (Porraz et al., 2013). From bottom to top the complete  
86 sequence includes the Lower MSA, MSA 'Mike', pre-Still Bay, Still Bay, Early  
87 Howiesons Poort, MSA 'Jack', Intermediate and Late Howiesons Poort and finally  
88 the post-Howiesons Poort (Porraz et al., 2013); here we focus on the pre-Still Bay  
89 to Late Howiesons Poort (**Fig. 2**). The sequence has been further divided into  
90 Stratigraphic Units (SUs), which represent complexes of individual lenses and  
91 beds (microfacies; Miller et al., 2013), given names ordered mainly alphabetically  
92 from the top to the base.

93 Micromorphological analysis indicates that the sediments in the rockshelter  
94 comprise ash, charcoal and siliciclastic fragments, as well as bone, eggshell, and  
95 humified organic remains (Miller et al., 2013). The upper part of the section,  
96 corresponding to the Intermediate and Late Howiesons Poort, displays evidence  
97 for the raking out of hearths and the burning of bedding, suggesting more  
98 frequent or intensive site use (Miller et al., 2013).

99 In terms of palaeoclimate and palaeovegetation, charcoal remains indicate  
100 variability in the vegetation brought to the shelter between the Still Bay and  
101 Howiesons Poort (Cartwright, 2013). During the Still Bay, the charcoal  
102 assemblage comprises a range of both Afromontane forest and thicket taxa, while  
103 during the Howiesons Poort, vegetation indicates a wider range of taxa, including  
104 more thicket and shrubland woody taxa, implying a shift towards more arid  
105 conditions (Cartwright, 2013). Faunal remains have also yielded insights into the  
106 past vegetation of the region. Evidence for grazers, rare during the LSA, was  
107 taken to indicate that more grassy conditions prevailed during the MSA relative  
108 to the LSA (Steele and Klein, 2013), although in this context the exposed  
109 continental shelf, which was up to ~20km in extent during the period of MSA  
110 occupation (Porraz et al., 2013), may account for some changes in faunal  
111 assemblage.

112 Given that vegetation brought to the site was selected by the inhabitants and  
113 represents only a specific fraction of the vegetation surrounding the site, it is also  
114 plausible that the above changes in vegetation and faunal assemblage reflect  
115 changes in selection practises by the inhabitants. Nonetheless, it may be argued  
116 that on these long timescales, climate is the overarching control on the available

117 vegetation. Either way, this represents an important aspect to bear in mind when  
118 interpreting our data.

## 119 **2.2 Chronology of the DRS sequence**

120 The LSA sequence at DRS is believed to span the last 1.8 ka (Parkington and  
121 Poggenpoel, 1987). For the MSA sequence, two different optically stimulated  
122 luminescence (OSL) chronologies have been proposed. The initial chronology  
123 from grid squares C6 and L6 within the shelter (Jacobs and Roberts, 2015; Jacobs  
124 et al., 2008) indicated that the Still Bay to Late Howiesons Poort industries span  
125 an age range of  $73.6 \pm 2.5$  ka to  $60.5 \pm 1.9$  ka. Later studies using both  
126 thermoluminescence and single grain OSL (Feathers, 2015; Tribolo et al., 2013;  
127 Tribolo et al., 2009) from grid squares M7, N7, L6 and M6 and P11-Q11 (for OB2-  
128 4) suggest that the Still Bay to Late Howiesons Poort spans an age range between  
129  $109 \pm 10$  ka to  $52 \pm 5$  ka and tend to be clustered, with the Still Bay ( $109 \pm 10$  ka)  
130 producing a similar age to the Early Howiesons Poort ( $105 \pm 10$  ka to  $109 \pm 10$   
131 ka) and the Intermediate Howiesons Poort dated at  $85 \pm 9$  ka to  $77 \pm 8$  ka. The  
132 late Howiesons Poort is much younger ( $52 \pm 5$  ka), although this is taken from  
133 the back sector of the excavation (Tribolo et al., 2013). The disparities in these  
134 chronologies are yet to be resolved (Jacobs and Roberts 2015, Feathers 2015). As  
135 some dated samples were obtained from different grid squares of the site these  
136 differences may reflect some as yet undiscerned stratigraphic complexity at the  
137 site. As such, because our samples were taken closest to material analysed by  
138 Tribolo et al., (2013), we refer to their ages.

### 139 2.3 Climate and vegetation of the region

140 The locale around DRS comprises a mosaic of vegetation (Cartwright 2013).  
141 Briefly, steep rocky kloofs (ravines) provide shelter and retain enough soil  
142 moisture to permit growth of some occasional trees and mesic thicket taxa  
143 including small trees and shrubs. Going downslope from the shelter, crevices and  
144 large boulders retain enough moisture to permit growth of thicket, while further  
145 downslope, sandy soils favour the growth of asteraceous shrubs, seasonal bulbs,  
146 succulents and grasses.

147 DRS is positioned within the Lowland Fynbos biome, just south of the boundary  
148 with the Succulent Karoo biome (**Fig. 1a**). The Fynbos biome (comprising the  
149 Lowland and Montane Fynbos eco-regions), which extends to the southwest of  
150 DRS is a Mediterranean-type shrubland comprising sclerophyllous proteoid  
151 shrubs, small-leaved ericoid shrubs (notably from the Ericaceae family), Cape  
152 reeds (Restionaceae) and various geophytes from the Liliaceae and Iridaceae  
153 families (Cowling et al., 1997). The vegetation of the Fynbos biome is  
154 characterised by a general absence of trees and adaptation to summer drought.  
155 There are a small number of CAM species, but most plants use the C<sub>3</sub> pathway  
156 (Vogel et al., 1978). Some halophytic C<sub>4</sub> vegetation occurs on the banks of the  
157 Verlorenvlei wetland (Carr et al., 2015). DRS receives ~250 mm of precipitation  
158 per year, which is delivered mostly (70%) during austral winter. Regions south  
159 and west of DRS are less arid (**Fig. 1b**) and receive 200-500 mm of precipitation  
160 per year, delivered mainly (70-90%) during winter.

161 The Succulent Karoo biome (**Fig. 1a**) to the north of DRS is characterised by a  
162 generally hotter and more arid climate (**Fig. 1b**), particularly during the summer,

163 and the biome comprises more drought-adapted species such as leaf succulents  
164 and dwarf shrubs from the Aizoaceae, Crassulaceae and Euphorbiaceae families  
165 (Milton et al., 1997). Many species in the Succulent Karoo use CAM  
166 photosynthesis (Rundel et al., 1999) and are characterised by thick, waxy  
167 cuticles, dwarf succulence and shallow rooting systems. In the northern  
168 Succulent Karoo, mean annual rainfall is approximately 150-300 mm yr<sup>-1</sup>  
169 (Hijmans et al., 2005), and seasonality is markedly reduced (~50% during the  
170 winter).

### 171 **3. Background to the organic matter and molecular approach**

#### 172 **3.1 Rockshelter organic matter composition**

173 Micromorphological analyses suggest terrestrial plants represent a significant  
174 component of the organic material preserved in rockshelter sediments (Miller et  
175 al. 2013), along with burning products, be they derived originally from plants  
176 (Cartwright, 2013) or animal products (Goldberg et al., 2009; Miller et al., 2013).  
177 The major organic components of fresh vegetation include macromolecular  
178 lignin, cellulose and leaf cuticles (e.g. cutin macromolecule); the latter is also  
179 associated with the synthesis of soluble leaf waxes. While cellulose has a low  
180 preservation potential in the arid environments of southern Africa (Carr et al.,  
181 2010; 2013), sedimentary lignin monomers can be used to reconstruct past  
182 vegetation types (Goñi and Hedges, 1992), although their preservation can be  
183 variable (Thevenot et al., 2010). Leaf-wax lipids, particularly *n*-alkanes, tend to  
184 be relatively well preserved in a variety of sedimentary contexts and are  
185 preserved within soils throughout the study area (Carr et al., 2014).

186



187 Incomplete or variable combustion of organic matter, as would be anticipated in  
188 an archaeological context, generates a continuum of organic materials (Masiello,  
189 2004), with more prolonged burning or higher temperatures producing organic  
190 matter increasingly dominated by PAHs, and other aromatic compounds  
191 characterised by the presence of more ring structures (e.g. Simoneit, 2002).

192 To assess the organic matter composition of DRS sediments we use py-GC/MS,  
193 which can be performed directly on sediments, without extraction. Pyrolysis  
194 thermally fragments macromolecules in an inert atmosphere, rendering large  
195 macromolecular compounds (such as cellulose and lignin) amenable to GC  
196 analysis (e.g. Sáiz-Jiménez and De Leeuw, 1986). Our aims are to compare the  
197 organic matter components preserved in the MSA (late Pleistocene) and LSA  
198 (late Holocene) sediments and to identify whether burning indicators (e.g. PAHs)  
199 relative to unburnt compounds (e.g. leaf waxes) change through the sequence  
200 and how this relates to other cultural/societal changes.

### 201 **3.2 Leaf-wax *n*-alkanes**

202 We also analysed leaf-wax *n*-alkanes, which are commonly utilized in  
203 palaeoenvironmental research, given their suitability for compound-specific  
204 hydrogen and carbon isotopic analysis (Eglinton and Eglinton, 2008). Leaf-wax  
205 derived *n*-alkanes are typically long-chain compounds, with a chain length  
206 distribution between about 25 and 33 carbon atoms (C<sub>25</sub>-C<sub>33</sub>) and a strong  
207 tendency for odd/even chain length preference (Eglinton and Hamilton, 1967).

208 The chain-length distribution of leaf-wax *n*-alkanes can provide information  
209 regarding vegetation type (e.g. Poynter et al., 1989; Vogts et al., 2009). In the  
210 Western Cape, the *n*-alkane distributions from the Fynbos biome are, on average,

211 distinct from those of the Succulent Karoo (Carr et al., 2014). Fynbos vegetation  
212 tends to be C<sub>31</sub> and C<sub>29</sub> dominated while Succulent Karoo vegetation tends to be  
213 dominated by *n*-alkanes of C<sub>31</sub> and C<sub>33</sub> chain length (**Fig. 3a**), which likely reflects  
214 the combined effects of a more arid climate and the associated transition to more  
215 drought-adapted plants within the Succulent Karoo biome. This feature of the  
216 chain length distribution is typically summarized (Carr et al., 2014; Schefuß et al.,  
217 2003) using the Norm31 index (C<sub>31</sub>/C<sub>31</sub>+C<sub>29</sub>). Vegetation of the Lowland Fynbos  
218 biome is thus characterized by lower Norm31 values (mean of 0.57 ± 0.31, n=28)  
219 than the Succulent Karoo (mean of 0.84 ± 0.17; n=133; **Fig. 1a**; Carr et al., 2014;  
220 Herrmann et al., 2016).

221 Compared to soils and sedimentary environments, there are additional factors  
222 affecting leaf-wax preservation within an archaeological site. Laboratory and  
223 field burning experiments show that incomplete combustion of leaf waxes  
224 increases the proportion of shorter chain length and even-numbered *n*-alkanes  
225 due to fragmentation of the longer homologues, with greater fragmentation  
226 occurring with higher combustion temperatures (Eckmeier and Wiesenberg,  
227 2009; Mallol et al., 2013; Wiesenberg et al., 2009). The *n*-alkane average chain  
228 length (ACL<sub>14-35</sub>) of maize straw dropped from 30.2 to 25.8 when burnt at 300°C  
229 and to 17.4 at 500°C (Wiesenberg et al., 2009). The odd-over-even number  
230 preference of the waxes, summarised by the carbon preference index (CPI<sub>27-33</sub>,  
231 where values around 1 indicate no odd-over-even preference), was reduced from  
232 10.7 when unburnt, to 2.6 at 300°C and then 0.9 at 500°C (Eckmeier and  
233 Wiesenberg, 2009; Wiesenberg et al., 2009).

234 We aim to determine to what degree the leaf-wax chain-length distribution of  
235 DRS sediments reflects the primary vegetation versus combustion processes and  
236 whether the Norm31 index can elucidate past changes in vegetation input.

### 237 **3.3 Leaf-wax isotopes ( $\delta D_{wax}$ and $\delta^{13}C_{wax}$ )**

238  $\delta D_{wax}$  is commonly utilized as a palaeohydrological indicator. Precipitation is the  
239 ultimate source of hydrogen for leaf waxes and  $\delta D_{wax}$  typically records changes  
240 in precipitation  $\delta D$  ( $\delta D_p$ ; Sachse et al., 2012), which in turn reflects precipitation  
241 source and/or amount (Rozanski et al., 1993). Relative humidity and plant type  
242 exert secondary effects on  $\delta D_{wax}$  (Sachse et al., 2012).

243 The potential of  $\delta D_{wax}$  analysis in the Western Cape was demonstrated by  
244 Herrmann et al., (2017), who showed reasonably coherent changes in  $\delta D_{wax}$  with  
245 aridity for contemporary soils from across the sub-continent (**Fig. 1b**). Higher  
246  $\delta D_{wax}$  in the Succulent Karoo biome likely reflects lower precipitation amounts  
247 and increased evapotranspiration associated with long dry summers. The  
248 Western Cape (broadly, winter rainfall zone), however, displays a complicated  
249 spatial pattern, possibly due to the effects of both summer and winter rainfall,  
250 the existence of microclimates and a diverse array of vegetation types in this  
251 mountainous region (Herrmann et al., 2017).

252  $\delta^{13}C_{wax}$  is a function of photosynthetic pathway and aridity, and is commonly  
253 interpreted as a palaeovegetation indicator.  $C_3$  plants from the Succulent Karoo  
254 exhibit mean  $\delta^{13}C_{wax}$  values of  $-34.2\text{‰} \pm 4\text{‰}$  for the  $C_{31}$  *n*-alkane (Boom et al.,  
255 2014). CAM plants from the Succulent Karoo display higher but also more  
256 variable values (a mean  $C_{31}$  *n*-alkane  $\delta^{13}C_{wax}$  value of  $-22.7\text{‰} \pm 6\text{‰}$ ), with

257 facultative CAM plants displaying a mean of  $-28.9\text{‰} \pm 3\text{‰}$  (Boom et al., 2014).  
258  $C_4$  grasses exhibit an average  $C_{31}$  *n*-alkane  $\delta^{13}C_{\text{wax}}$  value of  $-21.8\text{‰} \pm 2\text{‰}$   
259 (Rommerskirchen et al., 2006). The transect of southern African soils (Herrmann  
260 et al., 2016) displays an increase in  $\delta^{13}C_{\text{wax}}$  in the Succulent Karoo to the NE of  
261 the study site.

262 The effect of burning or heating of *n*-alkanes might potentially affect  $\delta D_{\text{wax}}$  and  
263  $\delta^{13}C_{\text{wax}}$  values. Bulk plant  $\delta^{13}C$  values display isotopic enrichment ( $\sim 1\text{‰}$ ) after  
264 burning (Poole et al., 2002), related to preferential loss of isotopically light  
265 components. Previous compound-specific work on this topic is, however, limited,  
266 although it has been shown that mid-chain length fatty acids from aerosols  
267 produced during burning exhibit both increased and decreased  $\delta^{13}C$  values,  
268 depending on the plant type (Ballentine et al., 1998), and thus reveal no  
269 systematic effect. It is thought that the mid-chain length compounds formed from  
270 chemical degradation during burning and the isotopic composition of the  
271 precursor molecules varies between plant types. This process is, however,  
272 unlikely to apply to long-chain leaf waxes such as the  $C_{31}$  *n*-alkane, which likely  
273 represent the intact original compounds.

274 At DRS we aim to investigate whether the leaf-wax isotopic composition reflects  
275 the primary vegetation and hydroclimate signals or has been overprinted by  
276 burning processes. Moreover, we aim to elucidate how vegetation, hydroclimate  
277 and/or human selection practices have changed over time.

## 278 4. Methods

### 279 4.1 Sampling

280 Sediment samples were collected during the field season of 2013. Samples were  
281 taken from the standing section. Sediment on the exposed surface was scraped  
282 away, and the immediately underlying sediment scraped into glass vials using a  
283 metal spoon that was wiped clean between samples. Samples from the MSA  
284 levels were taken in grid square M7B, adjacent to the location of samples for  
285 micromorphological analysis reported by Miller et al., (2013). Thirty-one  
286 samples were taken in total, spanning SUs Lynn to Debbie (**Fig. 2**). This includes  
287 two samples from each of SUs Eve, Frans and Leo to assess the variability within  
288 individual SUs. LSA deposits were not preserved in this area of the site, so three  
289 LSA samples were taken where deposits of this age were exposed. LSA 1 came  
290 from the C6/C7 profile. LSA 2 was taken from the M5/M4 profile, in  
291 approximately the middle of the square. LSA 3 came from the E6/E5 profile. Most  
292 of the LSA deposits at Diepkloof occur as pits dug into the MSA layers. While  
293 every effort was made to ensure that the LSA samples consisted of pit infill, it is  
294 impossible to be certain that there is no admixture of MSA sediments.

### 295 4.2 Bulk parameters (%TC, bulk $\delta^{13}\text{C}_{\text{TC}}$ , %TN and bulk $\delta^{15}\text{N}$ )

296 In addition to the molecular indicators, we also analyzed bulk parameters. Bulk  
297 measurements of total carbon (%TC; including black carbon and organic  
298 carbon), bulk  $\delta^{13}\text{C}_{\text{TC}}$ , total nitrogen (%TN) and bulk  $\delta^{15}\text{N}$  were determined at the  
299 University of Cape Town, after pre-treatment with 1M hydrochloric acid to  
300 remove carbonates. Samples were combusted at 1020°C in a Flash 2000  
301 elemental analyser and the resultant gases analysed with a Delta V Plus isotope

302 ratio mass spectrometer (ThermoScientific, Germany). Duplicate analyses of  
303 homogeneous material yielded a typical precision of 0.2‰ for both carbon and  
304 nitrogen isotopic measurements.

### 305 4.3 Pyrolysis-Gas Chromatography/Mass Spectrometry (py-GC/MS)

306 For py-GC/MS we analysed a subset of twenty MSA samples and all three LSA  
307 samples. Py-GC/MS was performed using a CDS1000 pyroprobe interfaced with  
308 a Perkin Elmer Clarus 500 GC/MS system. 25-50 mg of dried sediment (not  
309 previously solvent extracted) was encapsulated in a quartz tube, rested in the  
310 pyrolysis interface (at 300°C for 3 min) to minimise the inclusion of evaporated  
311 compounds (Sáiz-Jiménez, 1994), and then pyrolysed at 610 °C for 15 s. Gas  
312 chromatography was carried out using a CP-Sil 5CB MS column (30 m × 0.25 mm  
313 × 0.32 µm). The GC temperature programme began at 40 °C (1.8 min), was  
314 ramped to a final temperature of 310 °C at 4 °C min<sup>-1</sup> and held for a further 20  
315 min. Compounds within the pyrograms were identified based on their mass  
316 spectra and retention times (e.g. **Fig. 5**). Peak integrations were performed using  
317 the Turbo-Mass 5.2.0 software.

318 The relative proportion of each compound was determined using the summed  
319 integrations for all identified compounds (up to a total of 148) in each pyrogram  
320 (e.g. Carr et al., 2010b; Vancampenhout et al., 2008). Each compound was  
321 classified into one of eight categories (e.g. Kaal et al., 2007) comprising: 1)  
322 aliphatics (*n*-alkanes, *n*-alkenes, fatty acids); 2) nitrogen-containing compounds,  
323 dominated by alkyl nitriles, but also associated with 3) some heterocyclic  
324 aromatic moieties, such as (*n*-methyl) pyrrole, pyridine, and quinoline; 4)  
325 aromatics (e.g. benzene, xylene and alkylbenzenes); 5) polycyclic aromatic

326 hydrocarbons (PAHs; (n-methyl) naphthalene, biphenyl, (n-methyl) fluorene,  
327 anthracene); 6) lignin pyrolysis products (known products of coniferyl, syringyl,  
328 and coumaryl moieties); 7) phenolic compounds (e.g. phenol and methyl  
329 phenols); 8) polysaccharide products (primarily furans and levoglucosan).

330 To provide further insight into the most probable macromolecular structures  
331 and precursor compounds, pyrolysis was performed on three samples (LSA 1,  
332 Logan and Ester) in the presence of tetramethylammonium hydroxide (TMAH)  
333 (Challinor, 2001; Del Rio and Hatcher, 1998). This procedure, known as  
334 thermally assisted hydrolysis and methylation, limits the degree of  
335 fragmentation during pyrolysis and is also capable of transmethylation of ester  
336 bonds; hence it depolymerizes important biopolyesters such as cutin.

#### 337 **4.4 Leaf-wax extraction, purification and quantification**

338 For leaf wax analysis, we extracted all thirty-one MSA samples. 2.6g to 5.8g of  
339 dried sediment were extracted using an DIONEX ASE350 accelerated solvent  
340 extractor at 100°C using a solvent mix of DCM:MeOH (2:1) for 5 minutes  
341 repeated 3 times. The apolar fraction containing *n*-alkanes was obtained by  
342 elution of the dried lipid extract with hexane over a silica gel column (mesh size  
343 60) followed by subsequent elution with hexane over AgNO<sub>3</sub> to remove  
344 unsaturated compounds.

345 *n*-Alkanes were identified using GC-FID, by comparison of retention times with  
346 an external standard mix. Squalane internal standard added before extraction  
347 yielded variable extraction recoveries, likely due to adsorption onto the complex  
348 organic matrix. We quantified *n*-alkane amounts by comparison with an external  
349 standard. Based on repeated analyses of an external alkane standard the

350 quantification precision is <5%. We characterised the *n*-alkane distribution using  
351 standard parameters CPI<sub>25-33</sub>, ACL<sub>14-35</sub> and Norm31 (following e.g. Carr et al.,  
352 2014, and references therein).

#### 353 4.5 Leaf-wax isotopic analyses

354  $\delta^{13}\text{C}_{\text{wax}}$  was analysed using a ThermoFischer Scientific Trace Gas Chromatograph  
355 coupled to a Finnigan MAT 252 isotope ratio monitoring mass spectrometer (GC-  
356 IRMS) via a combustion interface operated at 1000°C. Isotope values were  
357 calibrated against external CO<sub>2</sub> reference gas and are reported in ‰ relative to  
358 VPDB. Samples were run in duplicate, with an average reproducibility of 0.1‰  
359 for the C<sub>31</sub> *n*-alkane. Leaf-wax *n*-alkane  $\delta\text{D}_{\text{wax}}$  was measured using a  
360 ThermoFisher Scientific Trace GC coupled, via a pyrolysis reactor operated at  
361 1420°C, to a ThermoFisher MAT 253 isotope ratio mass spectrometer.  $\delta\text{D}$  values  
362 were calibrated against external H<sub>2</sub> reference gas and are reported in ‰ relative  
363 to VSMOW. Samples were analysed in duplicate with an average reproducibility  
364 of 1‰ for the C<sub>31</sub> *n*-alkane. Repeated analysis of an external *n*-alkane standard  
365 between samples yielded a root-mean-squared accuracy of 2‰ and a standard  
366 deviation of on average 3‰. The H<sub>3</sub>-factor, used to correct for the formation of  
367 H<sub>3</sub><sup>+</sup> in the ion source, had a mean of 6.0 and varied between 5.8 and 6.2  
368 throughout the analyses. Isotopic measurements were not made on samples  
369 Fran, Base of Frans, Fred, Frank, Fox, Fiona, Governor, Jack, Jude, Julia, Kate, Leo2  
370 and Lynn due to low leaf-wax content.



## 371 5. Results

### 372 5.1 Bulk parameters

373 %TC is highly variable throughout the DRS sequence, ranging from ~2% to 37%  
374 (**Fig. 4a**). Major spikes in %TC are seen in SUs Base of Frans, Fox, Fiona and  
375 Kenny. The high values of the bulk %TC are likely attributable to high contents of  
376 black carbon in the sediments, derived from combustion (Braadbaart et al., 2004;  
377 Braadbaart and Poole, 2008). However, %TC also incorporates organic carbon,  
378 which complicates the interpretation of %TC, but may explain its high variability.  
379 Bulk  $\delta^{13}\text{C}_{\text{TC}}$  displays relatively little change, but tends to be lower during the SUs  
380 of the Late Howiesons Poort, averaging -24‰, compared to the SUs of the Early  
381 Howiesons Poort, which average -23‰ (**Fig. 4b**). %TN is high (up to 5%) and  
382 co-varies with %TC (**Fig. 4c**). Bulk  $\delta^{15}\text{N}$  is very high, with values of > 20‰  
383 throughout much of the record (**Fig. 4d**). Bulk  $\delta^{15}\text{N}$  values are highest, but also  
384 most variable during the Late Howiesons Poort.

### 385 5.2 py-GC/MS

#### 386 5.2.1 py-GC/MS in the absence of TMAH

387 The relative proportion of aliphatic compounds in the DRS sequence varies  
388 between 0 to 69% of the integrated ion current. The main contributors to this  
389 class are homologous sequences of *n*-alkane/*n*-alkene doublets spanning the  
390 chain length range C<sub>8</sub>-C<sub>33</sub> (**Fig. 5a,b**) Aliphatics are most prominent in samples  
391 LSA 1-3, and SUs Lynn, Logan, Keeno, Kerry, Joy, Jeff, John, Base of Eve, Ester and  
392 Eric (**Fig. 6**). The aliphatics include a high proportion of longer chain length *n*-  
393 alkanes, with an odd-over-even preference (**Fig. 5a,b**), which are most likely

394 leaf-waxes that were not evaporated in the pyrolysis unit prior to analysis or  
395 bound to the sediment.

396 A distinct feature of several DRS pyrolysates (e.g. SUs Kim, Julia, Jack, Frank, Fred  
397 and Frans) is the presence of homologous sequences of alkyl-nitriles (up to C<sub>22</sub>  
398 and peaking at C<sub>17</sub> and C<sub>15</sub> in most cases (**Fig. 5a,b**), with the exception of Leo 1),  
399 which make up 0-29% of the integrated ion current and are also of highest  
400 abundance in LSA 1-3, and SUs Lynn, Logan, Keeno, Kerry, Joy, Jeff, John, Base of  
401 Eve, Ester and Eric (**Fig. 6**).

402 Other nitrogen-containing compounds (i.e. excluding the alkyl-nitriles) include  
403 heterocyclic aromatic compounds, (methyl) pyrrole, acetonitrile, (methyl)  
404 pyridine, (methyl) indole, quinoline and (n-methyl) benzamide (**Fig. 5c**). The  
405 heterocyclic N-compounds are not typically diagnostic of particular source  
406 compounds but may be related to burning (Kaal and Rumpel, 2009). They make  
407 up 4-80% of the integrated ion current and are most abundant in Leo2, Leo1,  
408 Kim, Julia, Jack, Governor, Fiona, Frank, Fred, Base of Frans, Frans and Eve (**Fig**  
409 **6**).

410 Aromatic compounds contribute 10 to 48% of the total ion current (**Fig. 6**). They  
411 are dominated by benzene and to a lesser extent toluene and styrene (**Fig. 5c**).  
412 Typically they are not diagnostic of particular source compounds, although have  
413 been observed to increase in pyrolysates of materials associated with high  
414 charring temperatures (Kaal et al., 2009; Kaal and Rumpel, 2009; Kaal et al.,  
415 2012).

416 PAHs comprise up to 11% of the total ion current. Their abundance is  
417 particularly high in SUs Governor, Fiona, Frank, Fred, and Base of Frans (**Fig. 6**).  
418 The main contributors are naphthalene and small amounts of biphenyl, fluorene-  
419 9-one, n-methyl naphthalenes and anthracene (**Fig. 5c**).

420 Lignin monomers are found only in the LSA samples, contributing 9-17% of the  
421 total ion current. They are particularly well-preserved within LSA 1 (**Fig. 6**),  
422 where we observe an extensive array of products from coniferyl and syringyl  
423 lignin structures. Their absence in the MSA is likely due to degradation (Goñi and  
424 Hedges, 1992). Phenolic compounds are only present in a few samples,  
425 contribute up to 12% and are dominated by phenol. Their presence in the LSA  
426 samples may partly reflect their derivation from lignin monomers (Vane and  
427 Abbot 1999), or possibly proteins and tannins. Polysaccharides are present (2%-  
428 5%) only in the LSA and are absent in the MSA.

#### 429 **5.2.2 py-GC/MS in the presence of TMAH**

430 The three samples analysed in the presence of TMAH (LSA 1, Logan and Ester)  
431 are dominated by C<sub>14</sub>-C<sub>20</sub> Fatty Acid Methyl Esters (FAMES), peaking at C<sub>16</sub> and  
432 C<sub>18</sub>, with subordinate but variable contributions from long chain (C<sub>24</sub>-C<sub>32</sub>) FAMES  
433 (**Fig. 5d-f**). The FAMES are most likely derived from bound carboxylic (fatty) acid  
434 moieties and thus potentially a major source of the homologous alkane/alkene  
435 doublets in the non-treated pyrolysates. The FAMES may, however, also be partly  
436 derived from polymers, such as cutin (Del Rio and Hatcher 1998). The  
437 homologous alkyl nitriles are present but much less abundant in the TMAH  
438 analyses (**Fig. 5d-f**).

439 LSA 1 (**Fig. 5d**) produced multiple methylated lignin-related structures (e.g. the  
440 methyl ester of 3,4,5 trimethoxy benzoic acid (syringyl derivative), *m*-anisic acid  
441 methyl ester (4-methoxy benzoic acid methyl ester; *p*-coumaryl derivative) and  
442 4-methy veratrole (3,4 dimethoxy toluene; guaiacyl derivative) consistent with  
443 the untreated analyses. The 3,4,5 methyl ester of trimethoxy benzoic acid may,  
444 however, also be tannin derived. Other features are the presence of *n*-methyl  
445 benzamide, hippuric acid methyl ester, tetramethyl uric acid (1,3,7,9-  
446 Tetramethyluric acid), and caffeine (1,3,7-Trimethylpurine-2,6-dione; structure  
447 strongly related to tetramethyl uric acid). These compounds are atypical of  
448 soils/Quaternary sediments within the study region (Carr et al 2014;  
449 unpublished data) and in the case of the hippuric acid methyl ester have only  
450 previously been reported, to our knowledge, in the pyrolysates of both rock  
451 hyrax midden material (Carr et al., 2010a) and amberrat, the resinous excretion  
452 of packrat urine (Fezzy and Armitage, 2006). Hippuric acid is a known  
453 component of mammal urine (Bristow et al., 1992). Similarly, uric acid may be  
454 derived from bird guano (Bird et al., 2008).

### 455 **5.3 Leaf-wax content and distribution**

456 For the solvent-extracted leaf waxes, contents are highly variable; they exhibit a  
457 maximum of 18.2  $\mu\text{g g}^{-1}$  dw (for the  $\text{C}_{31}$  *n*-alkane; **Fig. 7**) but are below the  
458 detection limit in SUs Jack, Governor, Fiona, Fox, Fred and Frans.

459 Leaf-wax  $\text{CPI}_{25-33}$  ranges between 1.9 and 16.3 (average = 9.6; **Fig. 8**). Leaf-wax  
460  $\text{ACL}_{14-35}$  ranges between 25.7 and 31.0 (average = 29.4) (**Fig. 8**). Through the  
461 MSA, the ACL and CPI values display little overall trend, but SUs Leo2 and Debbie

462 display relatively low CPI, while SUs Leo2, Kate, Frank and Debbie display  
463 relatively low ACL (**Fig. 8**).

464 The leaf-wax distribution of several SUs (e.g. Keeno) closely resembles the  
465 average of modern Lowland Fynbos vegetation while other SUs (e.g. Eric)  
466 resemble the average distribution of modern Succulent Karoo vegetation (**Fig.**  
467 **3b**; Carr et al., 2014). For LSA 1- 3, Norm31 values range between 0.51 and 0.65  
468 (**Fig. 9b**) and for the MSA values range between 0.54 and 0.83. For the SUs of the  
469 Still Bay to Intermediate Howiesons Poort, values averaged  $0.61 \pm 0.05$ , while for  
470 SUs of the Late Howiesons Poort values increase to, on average,  $0.74 \pm 0.05$  (**Fig.**  
471 **9b**).

#### 472 5.4 Leaf-wax isotopes

473 For samples LSA 1-3,  $\delta^{13}\text{C}_{\text{wax}}$  for the  $\text{C}_{31}$  *n*-alkane (the most abundant and most  
474 precisely measured homologue) ranges between  $-29.7\text{‰} \pm 0.2\text{‰}$  and  $-30.4\text{‰} \pm$   
475  $0.2\text{‰}$ . and (**Fig. 9a**). For the SUs of the MSA, values exhibit a relatively small  
476 range between  $-29.9\text{‰} \pm 0.1\text{‰}$  and  $-31.8\text{‰} \pm 0.1\text{‰}$ . They are lowest in SUs Eve  
477 and Base of Eve ( $-31.8\text{‰} \pm 0.1\text{‰}$ ), during the Late Howiesons Poort.

478 For samples LSA 1-3,  $\delta\text{D}_{\text{wax}}$  (**Fig. 9c**) ranges between  $-130\text{‰} \pm 1\text{‰}$  and  $-147\text{‰}$   
479  $\pm 1\text{‰}$ . Through the MSA,  $\delta\text{D}_{\text{wax}}$  ranges between  $-140\text{‰} \pm 1\text{‰}$  and  $-116\text{‰} \pm$   
480  $1\text{‰}$ . Values are generally lower (mean =  $-133\text{‰} \pm 4\text{‰}$ ) for the SUs of the Still  
481 Bay to Intermediate Howiesons Poort and higher (mean =  $-120\text{‰} \pm 4\text{‰}$ ) for SUs  
482 of the Late Howiesons Poort.

## 483 6. Discussion

### 484 6.1 py-GC/MS: organic matter composition

485 py-GC/MS shows a clear organic matter compositional dichotomy. LSA 1-3, and  
486 SUs Lynn, Logan, Keeno, Kerry, Joy, Jeff, John, Base of Eve, Ester and Eric are rich  
487 in organic material and yield a range of pyrolysis products, most notably  
488 homologous sequences of *n*-alkane/*n*-alkene doublets and alkyl nitriles (**Fig.**  
489 **5a,b**). Other samples (Leo2, Leo1, Kim, Julia, Jack, Governor, Fiona, Frank, Fred,  
490 Base of Frans, Frans and Eve) yield fewer pyrolysis products, and are dominated  
491 by aromatics and heterocyclic N (**Fig. 5c**). This major difference is inferred to  
492 reflect samples relatively rich in less-altered plant material, versus those that  
493 have undergone extensive burning or degradation.

494 Typical examples of SUs with a richer organic matter composition are John and  
495 Jeff, which exhibit the highest relative proportion of homologous alkane/alkene  
496 (aliphatic) pyrolysis products (**Fig. 6**). These are interpreted to be derived from  
497 leaf cuticles, as revealed by the high abundance of long-chain FAMES produced  
498 when the same samples are treated with TMAH (**Fig. 5d-f**), suggesting the  
499 presence of relatively fresh, unburnt plant derived organic matter (although note  
500 that more labile plant-derived OM such as lignin is not preserved in MSA SUs).

501 SUs exhibiting more burning include Leo 2, Kim, Julia, Jack, Governor, Fiona,  
502 Frank, Fred, Base of Frans, Frans and Eve (**Fig. 6**). These produce far higher  
503 proportions of aromatic, heterocyclic N, and PAH pyrolysis products, with low  
504 abundances of aliphatics and leaf waxes. PAHs are particularly high for SUs  
505 Governor to Base of Frans (**Fig. 6**), and these likely reflect the most intensely

506 heated samples (Kaal and Rumpel, 2009; Kaal et al., 2012). The pyrolysates show  
507 some commonalities with black carbon pyrolysates (Kaal et al., 2008), but are  
508 less diverse than pyrolysates of modern burned material (Kaal et al. 2009), likely  
509 due to degradation within the more ancient MSA sediments. Based on laboratory  
510 burning experiments, a number of ratios (benzene/toluene, naphthalene/C<sub>1</sub>-  
511 naphthalene) have been proposed as indicators of burning intensity (Kaal and  
512 Rumpel, 2009; Kaal et al., 2012). The absence of toluene and C<sub>1</sub>-naphthalene in  
513 several SUs is likely due to incomplete preservation of these compounds.  
514 Nonetheless, several PAH, aromatic and heterocyclic-N pyrolysis products (Kaal  
515 and Rumpel 2009), are seen in the DRS pyrolysates (benzene, toluene,  
516 naphthalene, biphenyl, dibenzofuran and benzonitrile) and we take the summed  
517 integration of these as a summary indicator of black carbon and burning (**Fig.**  
518 **10a**).

519 Although we often observe similarities in organic matter composition between  
520 adjacent SUs, we also note differences within individual SUs. For example, Eve  
521 and Base of Eve, and Leo 1 and Leo 2 display a different organic matter  
522 composition (**Fig. 6**). This highlights large differences in composition between  
523 individual depositional units (microfacies units) within each SU (Miller et al.,  
524 2013).

525 Another point of note is that LSA 2 is compositionally anomalous compared to  
526 LSA 1 and LSA 3 in terms of the py-GC/MS analyses (**Fig. 6**), leaf-wax distribution  
527 and isotopic analyses (**Fig. 9**). This might reflect some admixing of the MSA  
528 material into the LSA, which would account for the absence of lignin and

529 cellulose pyrolysis products in LSA 2, despite their conspicuous presence in LSA  
530 1 and LSA 3.

## 531 **6.2 Nitrogen containing compounds**

532 Notable in the py-GC/MS data are the relatively high abundances of the nitrogen-  
533 containing compounds in some samples, notably the homologous sequences of  
534 alkyl nitriles. These are not observed in natural soils in the region, and the TN  
535 content of the DRS sediments (**Fig. 4c**), is also substantially higher than modern  
536 soils (Carr et al., 2013). Alkyl nitriles as pyrolysis products were previously  
537 observed to form from the fragmentation of aliphatic molecules (probably the  
538 C<sub>18</sub> fatty acid; **Fig 5e,f**) during pyrolysis in the presence of ammonia and clay  
539 (Nierop and van Bergen, 2002). The source of ammonia at DRS may be related to  
540 the hippuric acid and uric acid pyrolysis products identified in the LSA py-GC/MS  
541 data. The latter is known to degrade to ammonia, explaining its absence in the  
542 MSA pyrolysates (Mizutani and Wada, 1985), while micromorphological analyses  
543 have previously identified a thick niter crust at the top of the sediments (Miller  
544 et al., 2013). Rock hyraxes were identified as a likely N source in the sediments  
545 (Miller et al., 2013) and the presence of benzamide, uric acid/hippuric acid  
546 (methylated forms) in the LSA pyrolysates is consistent with the composition of  
547 hyraceum, strongly pointing to urine contributions in two of the LSA samples  
548 (Carr et al., 2010a; Fezzy and Armitage, 2006). Guano, however, might be an  
549 additional source of N (Miller et al., 2013) and of the very high bulk  $\delta^{15}\text{N}$  values  
550 of the DRS sediment (19-32‰; **Fig. 4d**), which are significantly higher than local  
551 vegetation (typically -4 to 5‰ (Sealy et al., 1987; Stock et al., 1995), soils  
552 (typically 7-10‰ in the Lowland Fynbos; Carr et al., unpublished data), and



553 hyraceum (typically 5-10‰; (Carr et al., 2016a)). The impact of guano on soil  
554  $\delta^{15}\text{N}$  has been reported previously, with guano-fertilised plant  $\delta^{15}\text{N}$   
555 experimentally enhanced by up to 20‰ relative to a control (Szpak et al., 2012),  
556 a magnitude consistent with the difference between DRS sediments and local  
557 plants/soils. Degradation of such N inputs to ammonia in the older MSA  
558 materials is therefore a plausible source of N for the production of the alkyl  
559 nitriles during pyrolysis.

### 560 **6.3 Leaf-wax content and distribution as burning indicators**

561 The content of extracted leaf waxes from the LSA samples (2.7 - 9.0  $\mu\text{g g}^{-1}$  dw)  
562 and MSA samples (0 - 18.2  $\mu\text{g g}^{-1}$  dw; for the  $\text{C}_{31}$  *n*-alkane) are similar to  
563 contemporary Lowland Fynbos soils (0.4 - 5.6  $\mu\text{g g}^{-1}$  dw; Herrmann et al., 2016).  
564 The high content of leaf waxes in many SUs (Logan, Keeno, Joy, John, Ester, Eric;  
565 **Fig. 7**) is in line with the input of grasses to the shelter (Cartwright, 2013; Miller  
566 et al., 2013), presumably used for bedding, and supports the py-GC/MS evidence  
567 for leaf cuticle input in SUs John and Jeff. The high leaf-wax content attests to  
568 excellent preservation potential of these compounds within DRS, presumably  
569 due either to the aridity of the shelter, or possibly to the high proportion of black  
570 carbon, which may have inhibited degradation (Hernandez - Soriano et al.,  
571 2016). The high content of leaf waxes also argues against extensive heating of  
572 these SUs.

573 In contrast, the absence of leaf-wax *n*-alkanes in SUs Jack, Governor, Fiona, Fox,  
574 Fred and Frans (**Fig. 7**) is in line with more intensive burning or heating of these  
575 samples, as also inferred from the py-GC/MS: the pyrolysis products from these  
576 SUs being dominated by aromatics and PAHs (**Fig. 6**). In general, SUs without *n*-

577 alkanes generally show higher proportions of PAHs, heterocyclic N and  
578 aromatics in their pyrolysates, while those with high *n*-alkane abundances show  
579 lower PAH, heterocyclic N and aromatics (**Fig. 10a,b**), indicating a clear relation  
580 to heating.

581 Although waxes are present in SUs Leo2, Kate, Frank and Debbie, these SUs  
582 exhibit lower CPIs (1.9 to 5.9) and lower ACLs (25.7 to 27.6) compared to the  
583 unburnt straw and soils, which likely reflects moderate heating (**Fig. 8**). The ACL  
584 values of these samples are close to those of the 300°C burning experiments of  
585 Wiesenberg et al., (2009), possibly indicating heating of these samples to similar  
586 temperatures (**Fig. 8**). The pyrolysates of Leo 2 and Frank are also dominated by  
587 heterocyclic N products and PAHs (**Fig. 6**). Although there are differences in  
588 character of the vegetation brought into DRS and the rye and maize used in the  
589 laboratory burns, these temperature estimates are not inconsistent with  
590 maximum temperatures measured beneath experimental fires using South  
591 African vegetation (~300 °C; Sievers and Wadley, 2008). We do not observe the  
592 increase in mid- and short-chain *n*-alkanes (Wiesenberg et al., 2009), although  
593 this may reflect post-depositional degradation of these homologues (Cranwell,  
594 1981).

595 Aside from SUs Leo2, Kate, Frank and Debbie, the remaining DRS MSA samples  
596 exhibit ACL values of 28.8 to 31.0, within the range of the unburnt straw samples  
597 (29.6 to 30.2) and the Succulent Karoo (30.0 ± 1.0) and Lowland Fynbos (28.8 ±  
598 0.7) soils (**Fig. 8**; Carr et al., 2014), suggesting little burning. The CPI values of  
599 these DRS MSA samples are in some cases lower than soils and unburnt straw  
600 (**Fig. 8**), although given the high ACL values, this may reflect the sample's age

601 rather than extensive heating. We note, however, that charcoal (Miller et al.,  
602 2013) and PAHs (**Fig. 6**) are present in the SUs with high ACL, suggesting that  
603 these SUs represent a mixture of mainly unheated plant material and some  
604 heated/burnt plant material.

605 Overall, our leaf wax data suggests that 1) some SUs (i.e. those lacking leaf  
606 waxes) contain plant material that was extensively heated/burnt; 2) other SUs  
607 (i.e. those with low ACL) contain plant material that was heated to 300°C or less;  
608 and 3) most SUs (i.e. those with ACL similar to unburnt straw) mainly contain  
609 plant material that was heated very little. Perhaps those of type 1 represent  
610 direct sampling of ashes or hearths, those of type 2 represent material that was  
611 positioned underneath active hearths, and type 3 represents unheated or only  
612 slightly heated plant material.

#### 613 **6.4 Organic markers compared to micromorphology**

614 Micromorphological analyses (Miller et al., 2013) identified SUs John and Jeff  
615 (Lithostratigraphic Unit 3; **Fig. 10**) as containing a higher proportion of humified  
616 material relative to combustion features compared with other MSA SUs. Our data  
617 suggest high abundances of aliphatics, high leaf-wax content and low abundances  
618 of PAHs for these SUs, in line with the micromorphological findings (**Fig. 10a,b**).

619 In contrast, SUs Governor to Debbie (Lithostratigraphic Unit 4) contain a  
620 significantly higher proportion of charcoal and evidence for raking out of hearths  
621 and the removal of unburnt material (Miller et al., 2013). This agrees with the  
622 increased py-GC/MS indicators for black carbon (**Fig. 10a**) and decreased leaf-  
623 wax content (**Fig. 10b**). Moreover, SU Fred was reported to contain burnt

624 bedding (Miller et al., 2013) and here we observe the highest PAH proportion of  
625 the whole dataset and high heterocyclic N content (**Fig. 6**). Overall, our findings  
626 are therefore complementary to those of the micromorphology.

627 Changes in burning and site use intensity might be expected to go hand in hand  
628 with indicators of human behavioural changes, such as the abundance of  
629 engraved ostrich eggshell (EOES; Texier et al., 2013). The earliest evidence for  
630 EOES at DRS is between SUs Julia to Jack, which display evidence for extensive  
631 burning (**Fig. 10a-c**). Similarly, going up the sequence, EOES content begins to  
632 increase at SU Governor and remains high for much of Lithostratigraphic Unit 4,  
633 when we observe a high degree of burning (**Fig. 10a-c**). Thus, our burning data  
634 support inferences of changes in site usage and human behaviour.

### 635 **6.5 Vegetation-type inferences from Norm31**

636 Norm31 for the LSA ( $0.56 \pm 0.08$ ) is highly comparable to modern Lowland  
637 Fynbos soils close to DRS ( $0.57 \pm 0.20$ ; **Fig. 9b**). Although we note the large range  
638 in values of modern vegetation, this similarity would support the use of Norm31  
639 as past vegetation indicator.

640 Between the Still Bay and Intermediate Howiesons Poort, Norm31 averaged  $0.60$   
641  $\pm 0.05$ , while during the Late Howiesons Poort it increased to  $0.74 \pm 0.05$  (**Fig.**  
642 **9b**). This Norm31 increase implies more arid-adapted vegetation was being  
643 brought into the shelter during the Late Howiesons Poort. This might reflect a  
644 change in the collecting habits of the inhabitants (towards more arid adapted  
645 vegetation) or a change in the climate conditions/ecology around the shelter  
646 towards those resembling the modern Succulent Karoo biome, such as increased

647 summer aridity. Either way, a shift in the vegetation brought into the site  
648 appears to be in line with findings from charcoal remains, which suggest a shift  
649 to more dry-adapted thicket vegetation during the Howiesons Poort (Cartwright,  
650 2013). It should be noted that the Late, Intermediate and Early Howiesons Poort  
651 were not differentiated in the charcoal study, and it is implied that the  
652 aridification began during the Early Howiesons Poort. Nonetheless, the author  
653 notes that the post-Howiesons Poort shows a continuing trend towards arid-  
654 tolerant thicket and shrubland.

## 655 6.6 $\delta^{13}\text{C}_{\text{wax}}$ and vegetation

656 The mean  $\delta^{13}\text{C}_{\text{wax}}$  for the LSA ( $-29.8\text{‰} \pm 0.4\text{‰}$ ; **Fig. 9a**) is slightly higher than  
657 soil samples from the Lowland Fynbos close to DRS ( $-32.3\text{‰} \pm 2\text{‰}$ ; Herrmann  
658 et al., 2016; **Fig. 9a**). This might reflect the selection of certain plants by the  
659 inhabitants, perhaps for use as bedding or food. These values lie in between  
660 those of  $\text{C}_3$  vegetation (mean of  $-34.2\text{‰} \pm 4\text{‰}$ ), and CAM ( $-22.7\text{‰} \pm 6\text{‰}$ ; Boom  
661 et al., 2014) and  $\text{C}_4$  vegetation ( $-21.8\text{‰} \pm 2\text{‰}$ ; Rommerskirchen et al, 2006),  
662 thus likely reflecting input of a range of taxa using different photosynthetic  
663 pathways.

664 Throughout the MSA,  $\delta^{13}\text{C}_{\text{wax}}$  values exhibit little variation, varying between -  
665  $29.9\text{‰} \pm 0.1\text{‰}$  and  $-31.8\text{‰} \pm 0.1\text{‰}$  (**Fig. 9a**). The bulk  $\delta^{13}\text{C}_{\text{TC}}$  also displays  
666 limited change, of the order of  $1\text{‰}$  (**Fig. 4b**). Limited vegetation change is  
667 implied, in line with the stability of the Fynbos biome inferred elsewhere  
668 (Dupont et al., 2011). In light of the large range of values exhibited in the modern  
669 soils (Herrmann et al., 2016) and plant samples (Boom et al., 2014), the small  
670 variability in DRS may reflect averaging over the wide range of taxa that were

671 brought into the site through the MSA, evident in the charcoal assemblage  
672 (Cartwright, 2013). Furthermore, from the  $\delta^{13}\text{C}_{\text{wax}}$  stability, we can rule out  
673 dominant input of the  $\text{C}_4$  halophytic grasses into the shelter (*Spartina maritima*)  
674 that today grow on the margins of the Verlorenvlei Estuary, or of CAM plants that  
675 might be used as food (e.g. fruits of *Carpobrotus edulis*) or as kindling (e.g. large  
676 stems of plants such as *Ruschia*).

### 677 **6.7 $\delta\text{D}_{\text{wax}}$ and hydroclimate**

678 The LSA mean  $\delta\text{D}_{\text{wax}}$  value of  $-141\text{‰} \pm 10\text{‰}$  is in line with the contemporary  
679 soil samples from the DRS locale (mean of  $-143\text{‰} \pm 9\text{‰}$ ; Herrmann et al., 2017),  
680 suggesting that sedimentary  $\delta\text{D}_{\text{wax}}$  is representative of the mean  $\delta\text{D}_{\text{wax}}$  of  
681 vegetation from the region surrounding the shelter.

682 Moreover, throughout the MSA and LSA,  $\delta\text{D}_{\text{wax}}$  and  $\delta^{13}\text{C}_{\text{wax}}$  values are within the  
683 range of modern plants from the wider region (**Fig. 1b; 9c**). This suggests that  
684 burning probably has a minor effect on  $\delta\text{D}_{\text{wax}}$  and  $\delta^{13}\text{C}_{\text{wax}}$ . It seems that while  
685 severely burnt SUs (e.g. Governor, Fred, Frans) are devoid of leaf waxes, slightly  
686 heated SUs (e.g. Debbie) show comparable  $\delta\text{D}_{\text{wax}}$  values to adjacent unheated SUs  
687 (**Fig. 9a,c**).

688 Modern soil samples display an increase in *n*-alkane  $\delta\text{D}_{\text{wax}}$  to the NE of DRS (i.e.  
689 into the Succulent Karoo; **Fig. 1b**). This was interpreted (Herrmann et al., 2017)  
690 to reflect: a) an increase in  $\delta\text{D}_p$  from SW to NE due to decreasing precipitation  
691 amount, and b) a decrease in relative humidity from SW to NE, inducing  
692 increased evapotranspirational isotopic enrichment of leaf and soil water. There  
693 may be an additional secondary effect on  $\delta\text{D}_{\text{wax}}$  associated with c) different

694 hydrogen isotope fractionation of different plant types, with C<sub>3</sub> trees and shrubs  
695 and CAM plants tending to yield higher values than C<sub>3</sub> grasses (Feakins and  
696 Sessions, 2010; Sachse et al., 2012).

697 Between the Still Bay and Intermediate Howiesons Poort,  $\delta D_{wax}$  was slightly  
698 higher than the present (average  $-133\text{‰} \pm 4\text{‰}$ ), while during the Late  
699 Howiesons Poort (SUs Eve to Debbie)  $\delta D_{wax}$  increased further (average  $-120\text{‰} \pm$   
700  $4\text{‰}$ ; **Fig. 9c**). The Late Howiesons Poort increase likely represents input of  
701 vegetation that has been subject to a) less precipitation or b) more  
702 evapotranspiration (more intense summer drought), and/or may reflect c) input  
703 of more shrub-like vegetation rather than grasses.

704 Input of more shrub-like vegetation during the Late Howiesons Poort would be  
705 consistent with the inference of a shift to arid-adapted vegetation during the Late  
706 Howiesons Poort from the Norm31 (**Fig. 9b**) and might be reflecting a shift in the  
707 inhabitants' vegetation selection strategy. Such a change in inhabitants'  
708 vegetation selection strategy during the Late Howiesons Poort would seem  
709 plausible given the other evidence for behavioural changes including the  
710 increased EOES (above Governor) and increased burning (Governor to Frans;  
711 **Fig. 10**). Leaf-wax content was, however, too low for analysis between Governor  
712 and Frans and so we cannot be certain that the  $\delta D_{wax}$  changes were coeval with  
713 the site usage changes.

714 Alternatively, the  $\delta D_{wax}$  variability may be reflecting hydroclimate changes. The  
715 above scenarios a, b and c would all broadly represent increased aridity during  
716 the Late Howiesons Poort. In support of hydroclimate rather than selection  
717 strategy as the control on  $\delta D_{wax}$ , we note that the global climate of MIS5 was

718 more similar to MIS1 than to MIS3/4, in terms of ice volume and temperature.  
719 Based on the Tribolo et al., (2013) chronology, the  $\delta D_{wax}$  and Norm31 both  
720 suggest that MIS5 (130-71ka) and MIS1 (12-0ka) were less arid, while MIS4 (71-  
721 57ka) and MIS3 (57-29ka), corresponding to the Late Howiesons Poort, were  
722 more arid (**Fig. 9b,c**). This might suggest that the  $\delta D_{wax}$  and Norm31 changes at  
723 DRS were driven by aridity changes related to global climate. Nonetheless, we  
724 note that this reasoning relies on a chronology that at present is controversial.

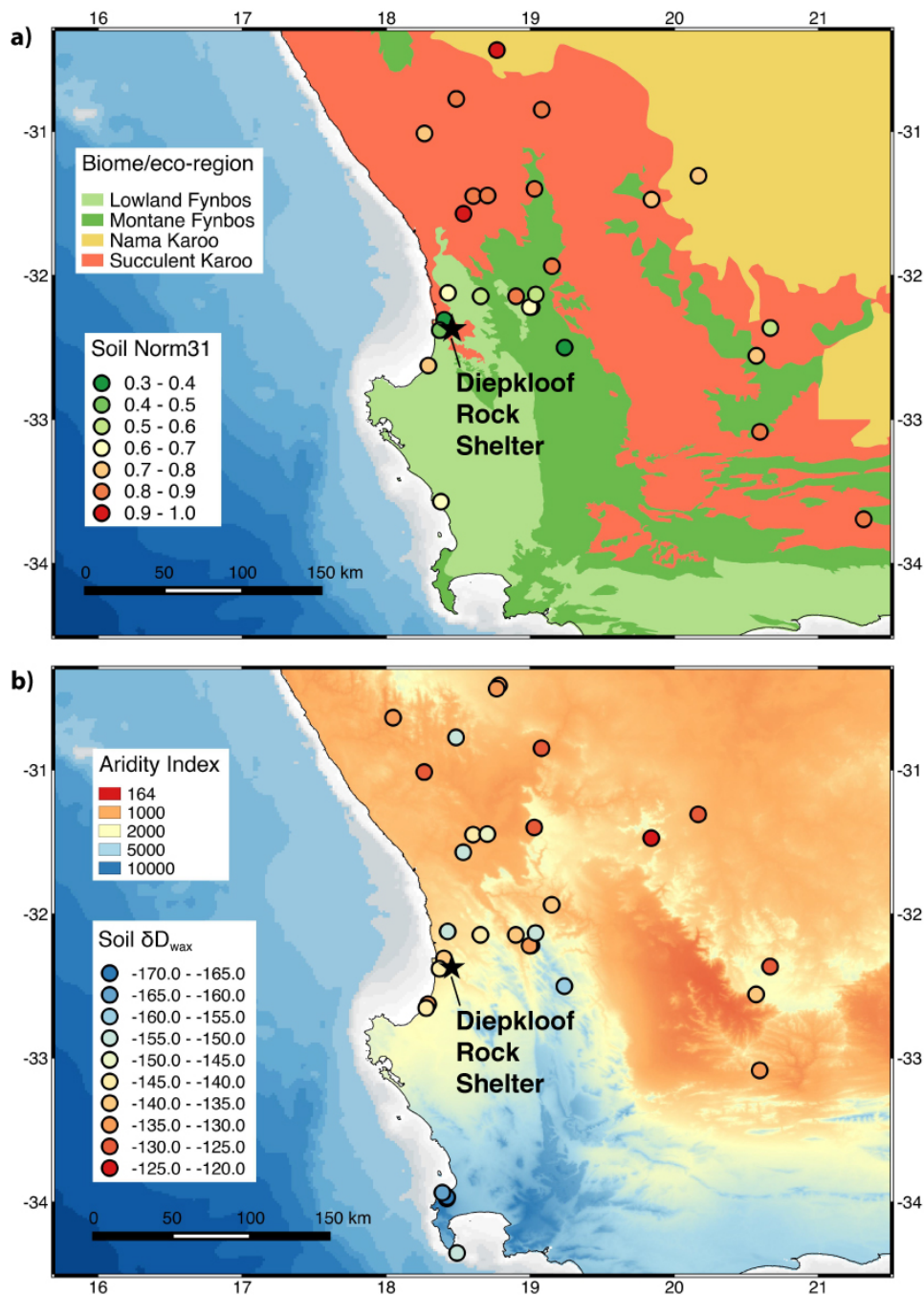
## 725 **7. Conclusions**

726 We investigated the potential of organic matter preserved in the MSA sediments  
727 of Diepkloof Rock Shelter to understand site usage and past climate. Py-GC/MS  
728 revealed that while some samples contain a high abundance of relatively un-  
729 altered plant material, others were low in organic matter and are composed  
730 largely of aromatic, heterocyclic N and PAH pyrolysis products, indicative of  
731 higher burning intensity. The highest degree of burning is between SUs Governor  
732 and Frans, in line with micromorphological findings for increased charcoal  
733 content. By contrast, SUs John and Jeff display a higher abundance of humified  
734 organic matter. The high N content of the sediment is interpreted as reflecting  
735 inputs of hyrax urine/hyraceum and/or contributions from bird guano,  
736 consistent with the high bulk  $\delta^{15}N$  values.

737 We found variable but often high contents of leaf waxes. Most samples display  
738 leaf-wax *n*-alkane distributions typical of modern plants in the region, suggesting  
739 heating temperatures < 300°C. This is consistent with the correspondence  
740 between  $\delta^{13}C_{wax}$  and  $\delta D_{wax}$  from DRS and modern soils in the region. SUs from



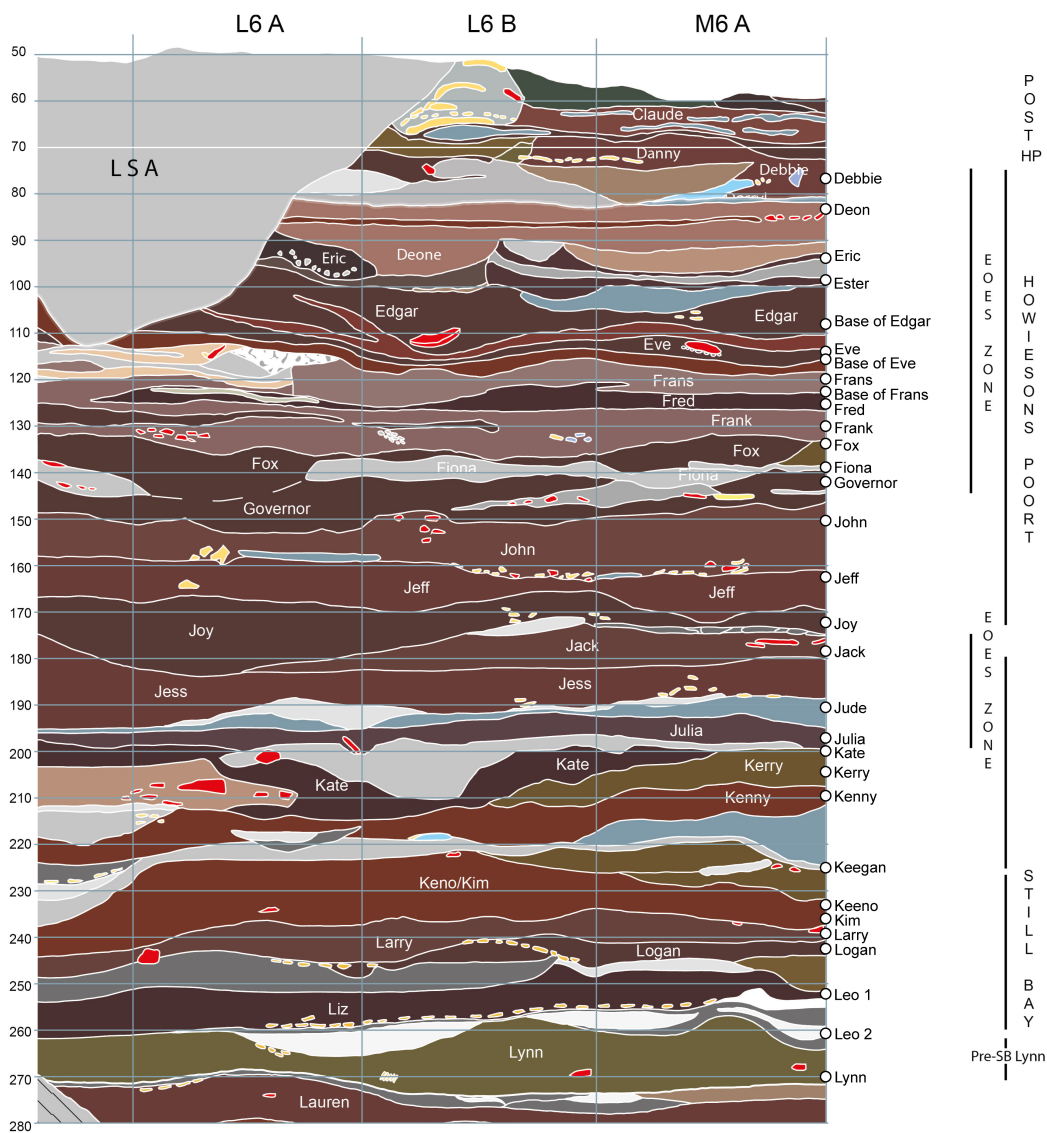
741 the Late Howiesons Poort display longer *n*-alkane chain-length distributions and  
742 increased  $\delta D_{wax}$  values compared to the Still Bay, Intermediate Howiesons Poort  
743 and the LSA. This likely represents a shift towards input of more arid-adapted  
744 vegetation during the Late Howiesons Poort, reflecting aridification, or a change  
745 in selection strategy of the inhabitants. Overall, these results underline the  
746 potential of these organic-geochemical methods to support and augment  
747 interpretations of site usage and environmental context of rock shelter  
748 occupations.



750

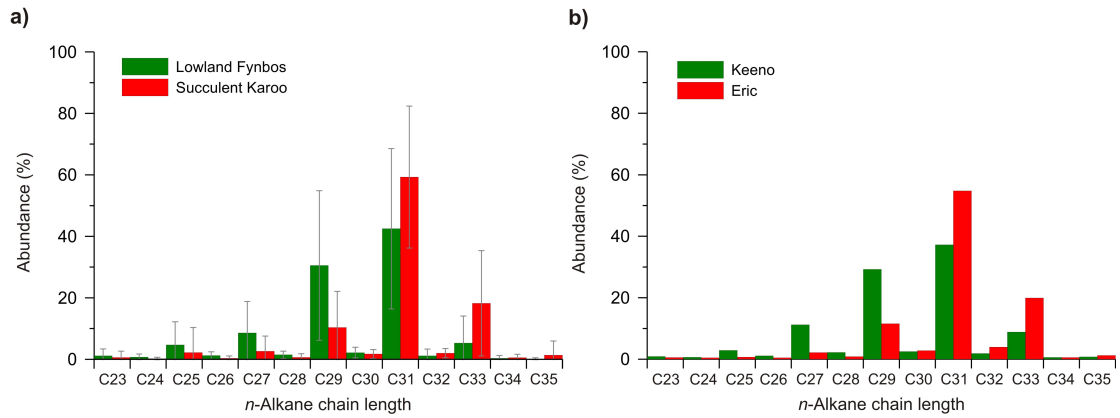
751 **Fig. 1. Maps of biomes/eco-regions and aridity. a)** Biomes and eco-regions in  
 752 southwestern Africa (Rutherford et al., 2006). Circles indicate the Norm31 of *n*-  
 753 alkanes from contemporary soils (Carr et al., 2014). **b)** Aridity index (Trabucco  
 754 and Zomer, 2009), calculated as mean annual precipitation / mean annual  
 755 potential evapotranspiration, where higher values represent less arid conditions.

756 Circles indicate the  $\delta D_{\text{wax}}$  (‰ VSMOW) of the  $C_{31}$  *n*-alkane from contemporary  
757 soils (Herrmann et al., 2017). Bathymetry shaded grey is 0-120m depth with  
758 contours every 20m.



760

761 **Fig. 2. Diepkloof Rock Shelter section.** Shown are the stratigraphic units (SUs),  
 762 techno-cultural phases and the zone of high abundance of engraved ostrich  
 763 eggshell (EOES). MSA samples analysed in this study were taken from square M7  
 764 and are marked as white circles on the right hand edge of the figure (figure  
 765 modified from Texier et al., 2013).



766

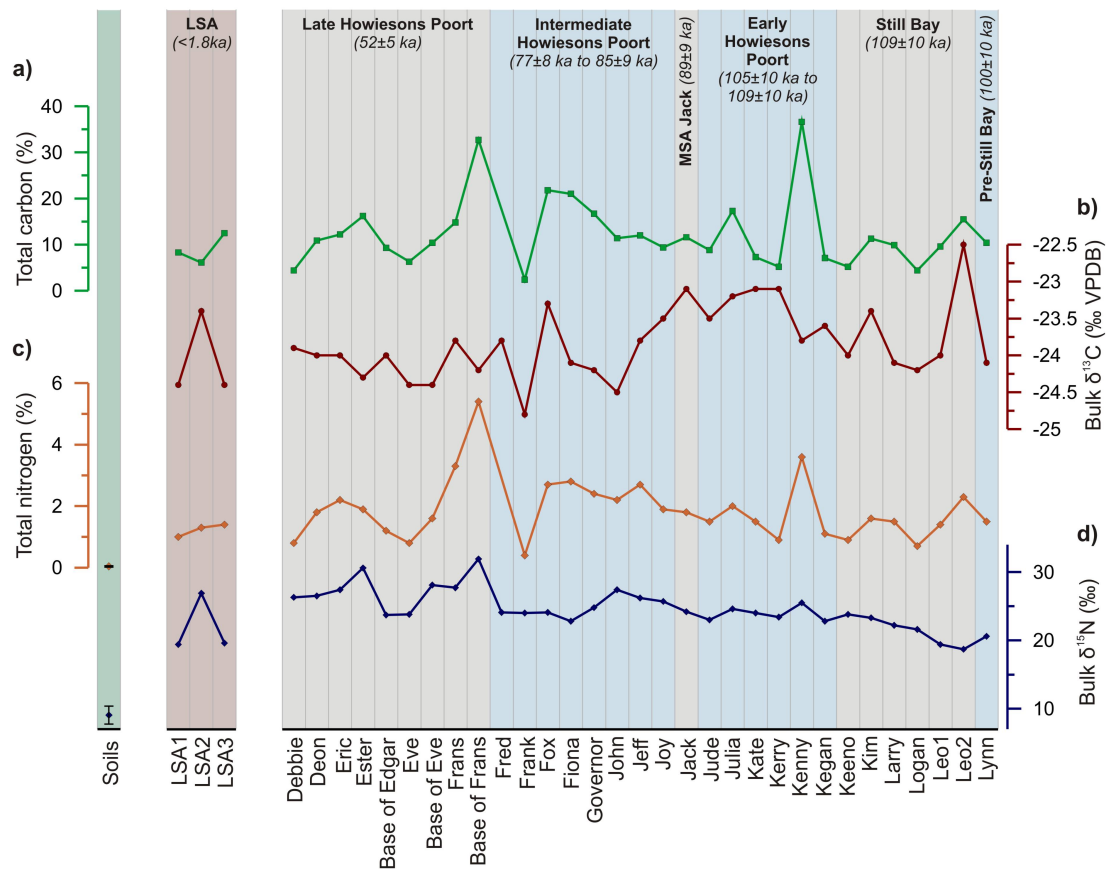
767 **Fig. 3. n-Alkane distribution in locally sourced plants and Diepkloof Rock**

768 **Shelter sediments. a)** Lowland Fynbos (n= 28) and Succulent Karoo (n=133;

769 Carr et al., 2014) plants. **b)** SU Keeno displays a Fynbos-like distribution

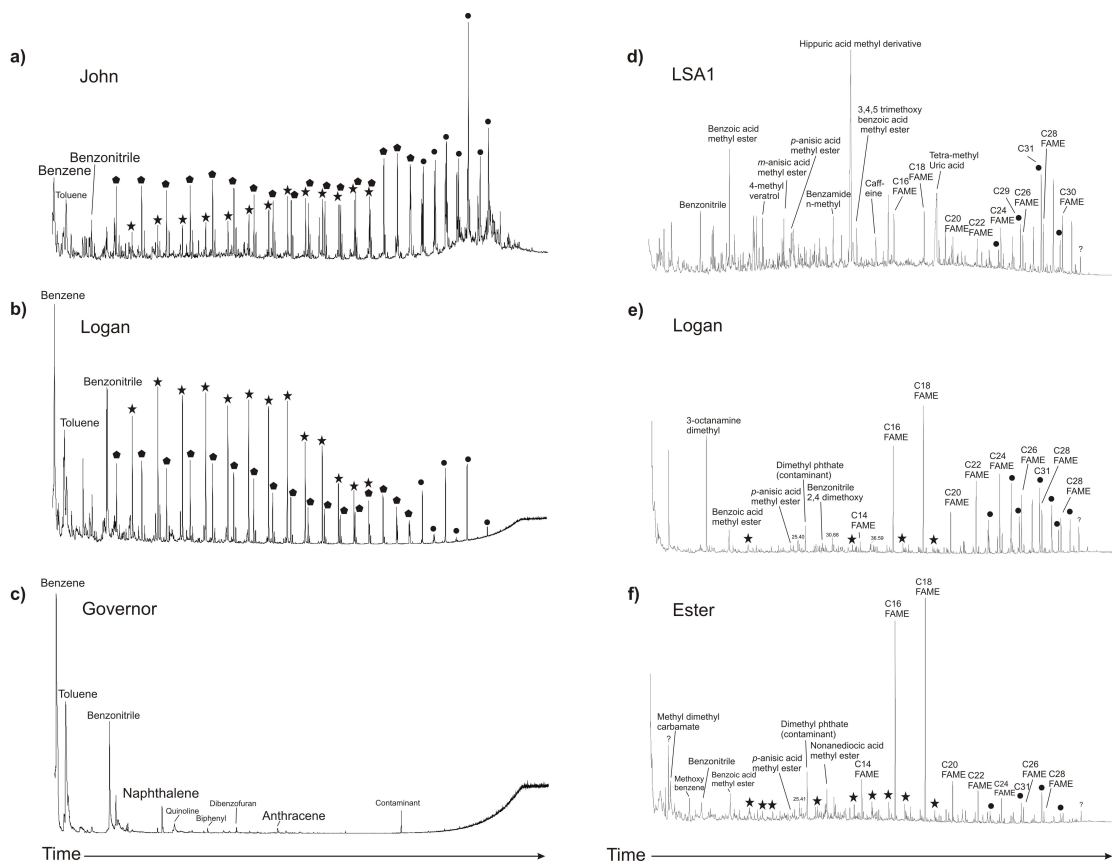
770 (dominance of C<sub>31</sub> and C<sub>29</sub>), while SU Eric displays a Succulent Karoo-like

771 distribution (dominance of C<sub>31</sub> and C<sub>33</sub>).



773

774 **Fig. 4. Bulk parameters for the LSA and MSA sediments. a) Total carbon**  
 775 **(%TC), b) Bulk  $\delta^{13}C_{TC}$  (‰ VPDB), c) Total nitrogen (%TN), d) Bulk  $\delta^{15}N$  (‰).**  
 776 Values of %TN and bulk  $\delta^{15}N$  from modern Lowland Fynbos soils close to DRS  
 777 are shown (values are mean of samples SV2-SV5 which are located within about  
 778 30km of DRS; n=14; errors bars are one sigma; Carr et al. 2013 and unpublished  
 779 data). Techno-cultural phases are marked above, along with the estimated ages  
 780 (Tribolo et al., 2013).



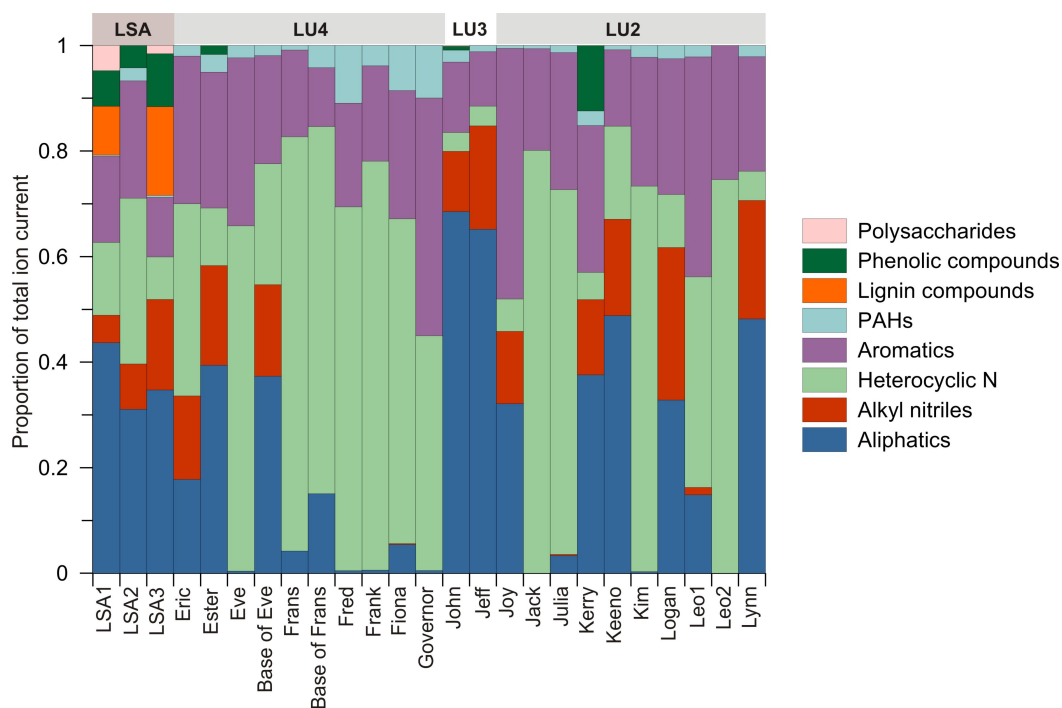
- C<sub>27</sub>-C<sub>33</sub> n-alkanes with odd/even preference
- ★ Alkyl nitriles
- ◆ n-alkene/n-alkane doublets (pyrolysis products)

781

782 **Fig. 5. Pyrograms for selected samples showing the range of compounds**

783 **identified by py-GC/MS. a)-c) Selected samples run in the absence of TMAH, d)-**

784 **f) Selected samples run in the presence of TMAH.**



785

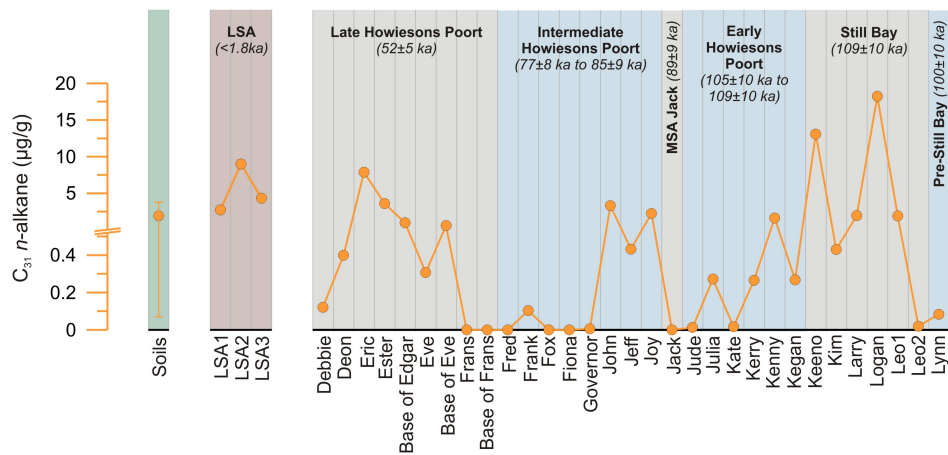
786 **Fig. 6. Relative proportion of compound classes in MSA and LSA sediments**

787 **derived from py-GC/MS analyses.** Shown are measurements made in the

788 absence of TMAH. Lithostratigraphic Units (LUs) as defined in Miller et al.,

789 (2013) are given above.

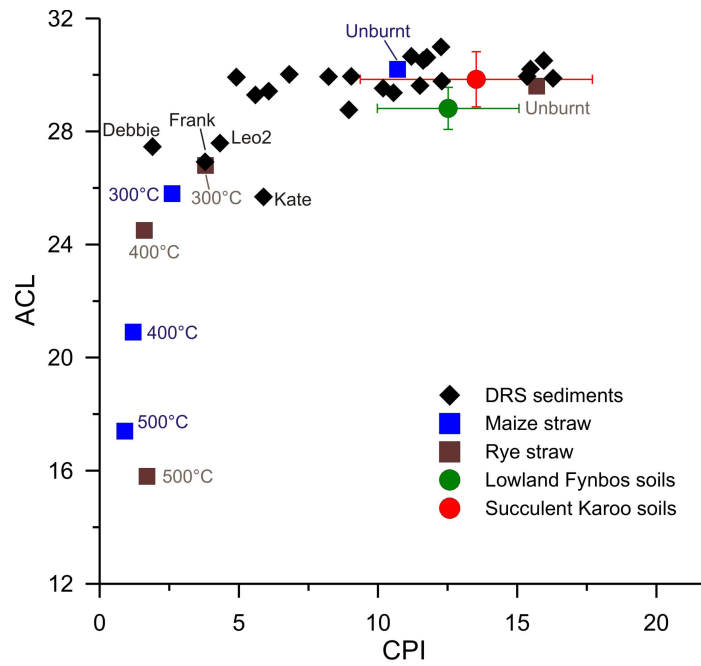




790

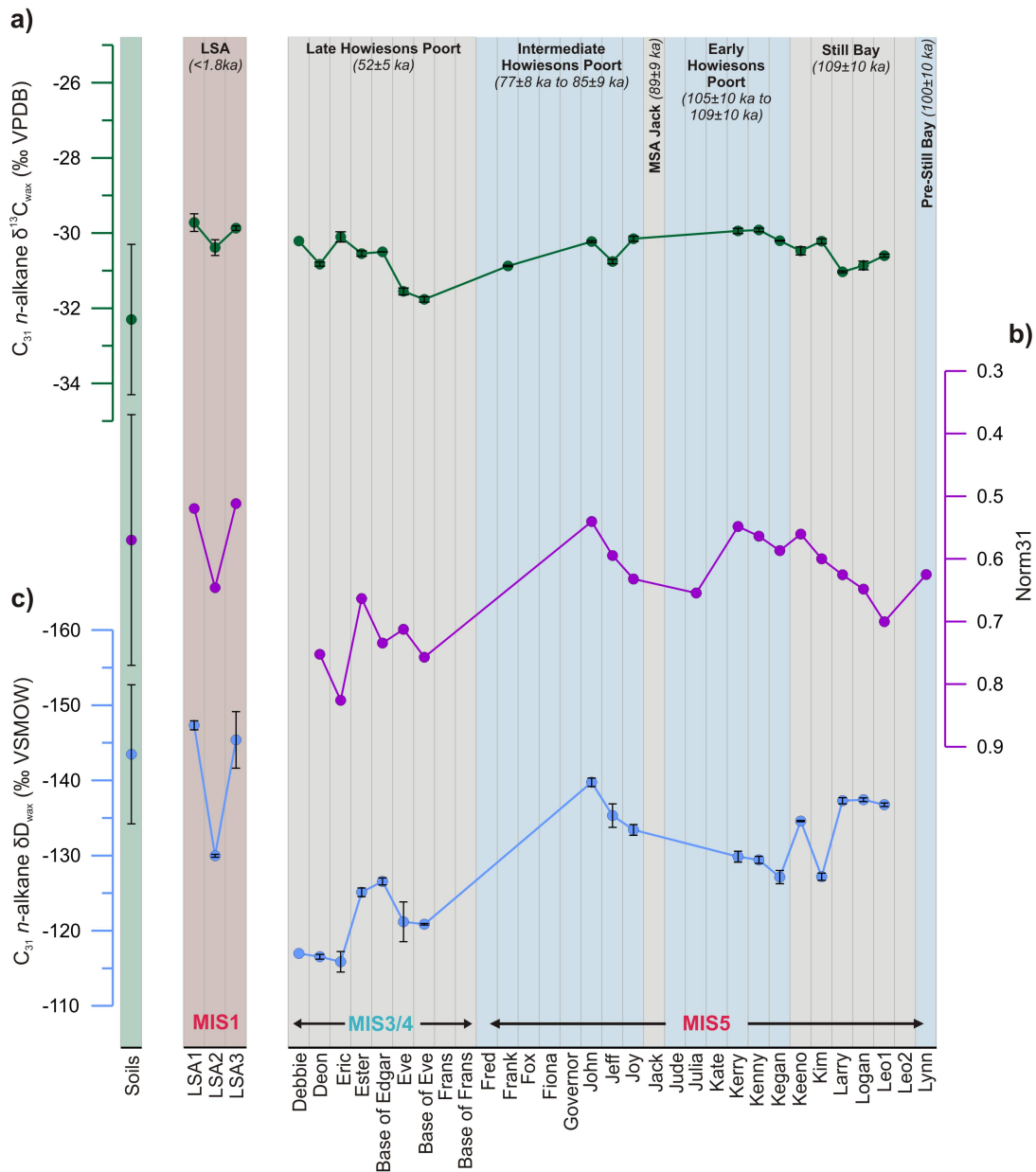
791 **Fig. 7. Leaf-wax C<sub>31</sub> n-alkane content from LSA and MSA sediments (µg g dw**  
 792 **1). Techno-cultural phases are marked above (Porraz et al., 2013) along with**  
 793 **their age ranges (Tribolo et al., 2013). C<sub>31</sub> n-alkane content for modern Lowland**  
 794 **Fynbos soils is shown (values are mean of samples SV2-SV5, which are located**  
 795 **within about 30km of DRS; n=6; error bars are one sigma; Carr et al., 2014;**  
 796 **Herrmann et al., 2016).**

797



798

799 **Fig. 8. CPI<sub>25-33</sub> and ACL<sub>14-35</sub> from DRS sediments, laboratory burned straw**  
800 **and soils from the region.** Black diamonds represent MSA sediments from DRS;  
801 blue and brown squares represent values at different temperatures from the  
802 burning experiments of maize and rye straw (Wiesenberg et al., 2009). Green  
803 and red circles represent mean values from the full dataset of Lowland Fynbos  
804 (n=15; error bars one sigma) and Succulent Karoo (n=53) soils (Carr et al.,  
805 2014). For the straw, CPI is for C<sub>27-33</sub>.



806

807 **Fig. 9. Vegetation and hydroclimate indicators from Diepkloof Rock Shelter**

808 **sediments. a)**  $C_{31}$  n-alkane  $\delta^{13}C_{wax}$ . Error bars represent one sigma

809 measurement precision. **b)** Norm31, (excluding samples Debbie, Frank, Kate,

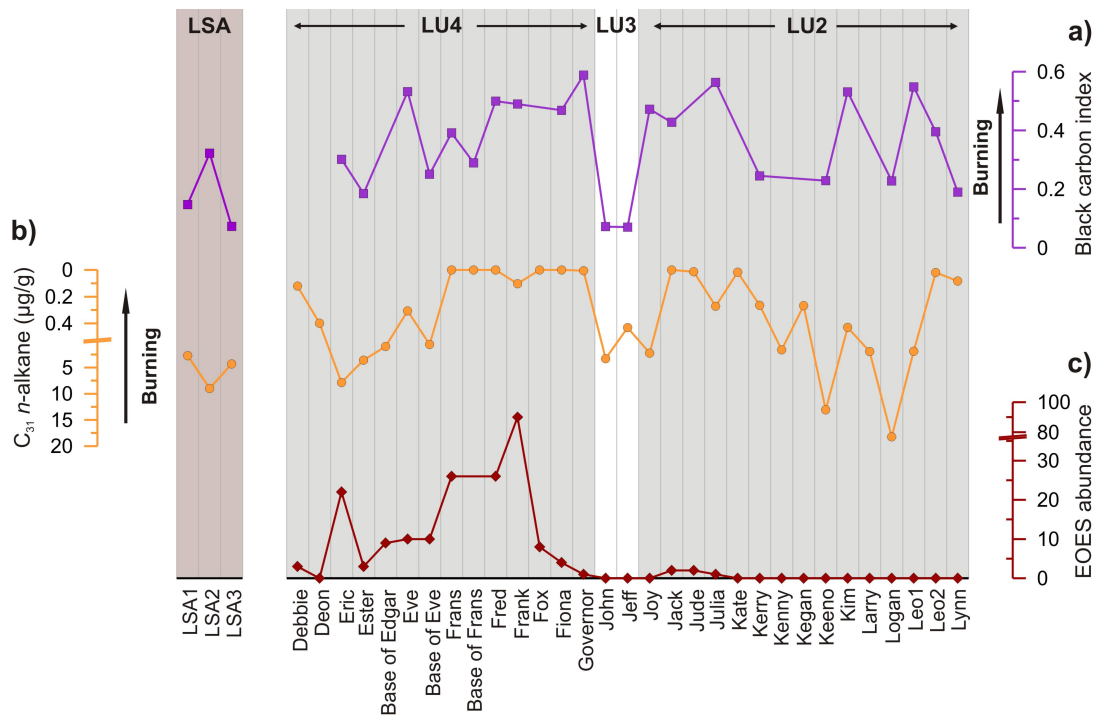
810 Leo2, which show evidence of heating). **c)**  $C_{31}$  n-alkane  $\delta D_{wax}$ . Error bars

811 represent one sigma measurement precision.  $\delta^{13}C_{wax}$ , Norm31 and  $\delta D_{wax}$  values

812 for modern soil samples are shown (mean of samples SV2-SV5, located within

813 about 30km of DRS; n=6; error bars are one sigma; Herrmann et al., 2016, 2017).

814 Marine Isotope Stages (MIS) into which the SUs fall (based on the age model of  
815 Tribolo et al., 2013) are marked.



816

817 **Fig. 10. Summary of burning indicators and EOES. a)** Black carbon index,  
 818 which is the sum of the relative proportion of benzene, toluene, naphthalene,  
 819 biphenyl, dibenzofuran and benzonitrile (Kaal and Rumpel, 2009). **b)** C<sub>31</sub> n-  
 820 alkane content (note inverted axis), **c)** Number of engraved ostrich eggshells  
 821 (EOES) within each SU (Texier et al., 2013). Lithostratigraphic Units (LUs) 2-4  
 822 are marked (Miller et al., 2013).

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843 Environmental Sciences.

## 844 **Conflicts of interest**

845 The authors declare that they have no conflict of interest.

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